

**December 2016**

**Pass It On**  
**The Akron Area Al-Anon Newsletter**

Al-Anon's 4<sup>th</sup> Concept of Service is:  
"Participation is the key to Harmony."

Office Location:  
3614 Manchester Rd. Suite 103  
Akron, OH 44319  
Website: [www.afg-akron.org](http://www.afg-akron.org)  
Call us at: 330-645-1165

Get involved through service!  
We need office volunteers & service officers.  
Call the office at 330-645-1165

Send meeting topics or anniversary flyers by the 15<sup>th</sup> of month to: [passitonafg@yahoo.com](mailto:passitonafg@yahoo.com)  
Your group donation of \$10 for the flyer can be sent to the office, it assists with newsletter cost.

Intergroup Service Officers

Chairperson  
Leah Emery 330-699-5277  
[emeryucsvcs@att.net](mailto:emeryucsvcs@att.net)

Co-Chair - Editor  
Mickie Gould 330 414-1294

Secretary  
Marian H. 330-688-3942

Treasurer  
Laurie R.  
Co-Treasurer  
OPEN SERVICE OPPORTUNITY

Literature  
Becky Z. 330-285-2595  
Co-Literature  
Cindy S.

PIC (Public Info Coord.)  
Jerry M. 330-697-0798  
Co-PIC  
Betsy T

MOW (Mtgs. On Wheels)  
Vickie R. 330-221-1111

Alateen  
Linda K. 330-858-4970  
Co-Alateen  
OPEN SERVICE OPPORTUNITY

Office Coordinator

Webmaster ~ Richie L.

(Webmasters available at  
[passitonafg@yahoo.com](mailto:passitonafg@yahoo.com))

Inside

- November Meeting Minutes
- October Financials
- December Meeting Topics

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Akron Intergroup Meeting

\*Tuesday 12/6/16 @ 7:30 pm\*

Open to all Al-Anon Members,  
Group Reps, District Reps  
You are Encouraged to Attend!

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**Meeting on Wheels**

December 2016  
Contact Vickie R

2016 Schedule is  
posted on the website

Announcements and  
Anniversaries

Stow New Hope  
12/5/2016

See Flyers Inside

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**Alateen Meeting!**  
Sponsored by Hudson Saturday  
Serenity  
11:00 AM – Closed Meeting  
First Congregational Church  
47 Aurora St.  
Hudson OH 44236  
Upstairs in Rec Room  
Contact Wendy Y 440-637-4707

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**Happy Holidays to you  
And yours**

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Remember that sharing your meeting topics can be a life line for a fellow AI-Anon member who is looking for answers.

|                                                     |                             |
|-----------------------------------------------------|-----------------------------|
| <b>IBH – Courage to be Me – Tuesdays at 7:00 PM</b> |                             |
| <b>December 6</b>                                   | <b>Whose Problem Is It</b>  |
| <b>December 13</b>                                  | <b>Keeping Secrets</b>      |
| <b>December 20</b>                                  | <b>Step 12/Tradition 12</b> |
| <b>December 27</b>                                  | <b>Lead</b>                 |

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**District 51 Step Meeting – Sunday at 7:45 PM**

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**Meeting on Wheels**

**– Contact Vickie R. – 330-221-1111**

The 2016 schedule is listed on the Website under the Meetings Tab.

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**Intergroup needs your support – become an ISR or an officer**

## INTERGROUP MEETING MINUTES OF 11/1/2016

Present- Leah E, Terri D, Mary B, Jo S, Becky Z, Mariann H, Vicki R, Sharen J, Lucy M, Wendy Y.

Chairperson- Leah called meeting to order, the serenity prayer was said. Leah asked if everyone got their Newsletter by e-mail.

Secretary- The minutes were approved by motion and vote with no changes.

Co-Chair- no report

Treasurer- See report. Laurie read report and said a plea letter will be in the December Newsletter. There was some discussion on December not being the best time to do that. Laurie said this was for group donations not personal. She noted we received a \$100, Private donation for a new lock.

Literature- Becky reported everything is going well, orders are coming in quickly. Leah commented the page numbers are different in the soft "How Al-anon Works".

PIC-no report

MOW-Vicki said no one is scheduled for January yet .She will ask her group. Family Matters is scheduling now for 2017. Edwin Shaw out- patient meeting is no longer mandatory. They have set up their own program for families so participation is low. They are scheduling month to month for now. She also reported that updated schedules are not being put on the website. Becky said she will check and make sure Rick gets it.

Alateen-Fall Rally went well they had a good turnout.

Office Coordinator –\_Roberta announced she is resigning emediatly. See report. Leah said we will need someone to fill that position soon.

OAA Liaison- no report

Districts- Jane and Jo met and discussed 2 Day Fall. The response has been good, with 55 signed up for the banquet. Also OAC website has guidelines for committees. The alanon convention will be held at the Double Tree Hotel in Akron July, 2017. 7 or 8 committees' will be needed.

Webmaster- no report

Archives- no report

Steering Committee- no report

Founders Day- Leah is still listening to tapes for Friday speakers. The announcement for groups to talk about each step for a ½ hour on Friday was in the Newsletter and one group responded .Please let Leah now if your group can help.

Old Business- Leah faxed the letter to the copier company, we are now leasing from month to month. Vicki did some more research on purchasing a copier vs leasing. A desk top copier would cost between \$200 and \$400. She and Bruce talked and recommended purchasing one. If we need larger amounts of copies we could use Office Max. Vicki and Bruce will continue to get more information for Laurie on the cost and also price ink.

New Business- Leah spoke with the landlord regarding changing locks on both doors. He said he would install them if we purchased them. If we report to him that we have had a problem it should be his responsibility to fix the problem, and secure the office. The hinges are on the outside of the doors, so securing them would be more difficult.

Questions form attendees- Vicki asked Laurie about the budget for MOW. Laurie said that is absorbed by the Literature committee's budget.

Closing- The Lord's Prayer was said

Minutes submitted by Mariann H.

## **Akron Area Al-anon Intergroup and Literature Distribution Service (AAIS)**

Please read this at 2 meetings so that all members may participate in the Seventh Tradition

Annual Appeal Letter

November 2016

Dear Al-Anon and Alateen members,

WHO WE ARE:

The Akron Area Al-Anon Intergroup and Literature Distribution Service (AAIS) referred to as the Al-Anon Intergroup Office is a volunteer office for Al-Anon in the greater Akron area.

OUR PURPOSE:

- A. Promote unity of purpose
- B. Handle questions of policy, Inter-group relations and any internal problems that are presented: all such questions are to be considered and adjusted in accordance with the Al-Anon Family Group Traditions.
- C. Provide opportunity for exchange of group ideas
- D. Receive and respond to requests from individuals and organizations about the Al-Anon/Alateen programs.
- E. Issue a monthly newsletter
- F. Encourage new Al-Anon Family Groups and support their growth
- G. Maintain an internet website of Al-Anon/Alateen for our service area.
- H. Host an annual conference.

In order for the Akron Area Intergroup Office to serve the Al-Anon groups and the community, we rely on the generosity of the members and the Al-Anon groups for support. We thank you for your ongoing support and ask that members and groups consider making a commitment to support our annual appeal by making a donation. Your donation will help us meet operating expenses and will make a difference in our community by allowing the Intergroup office to continue to do Twelfth-Step work.

Personal contributions to AAIS may qualify as a charitable deduction. Donation checks should be made out to AAIS and sent to 3614 Manchester Road Suite 103, Akron, Ohio 44319

Sincerely,

Laurie R., Treasurer

LET IT BEGIN WITH ME – When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and LET IT BEGIN WITH ME.

AKRON AREA AL-ANON INFORMATION SERVICES  
INCOME STATEMENT

AKRON AREA AL-ANON INFORMATION SERVICES  
BALANCE SHEET

DATE: Oct-16

PREPARED BY: Laurie R.

DATE: Oct-16

PREPARED BY: Laurie R.

| AL-ANON INCOME          | MONTHLY        | YEAR TO DATE        | AVERAGE/MO          |                                |             |                            |             |
|-------------------------|----------------|---------------------|---------------------|--------------------------------|-------------|----------------------------|-------------|
| Literature              | \$1,288.22     | \$19,826.14         | \$1,982.61          | Checking Account Deposits      |             | Balance Carried Forward    | \$ 9,527.86 |
| Group Donations         | \$387.15       | \$3,080.43          | \$308.04            | Alanon Savings Deposits        | Interest    |                            | \$ 1,793.25 |
| Individual Donations    |                | \$301.52            | \$30.15             | Alateen Savings Deposits       | Interest    |                            | \$ -        |
| Spring/Fall Workshop    |                | \$377.76            |                     |                                |             | Total Income & Deposits    | \$ 25.00    |
| Subscriptions           | \$15.00        | \$355.00            | \$35.50             |                                |             |                            | \$ -        |
| Fliers                  | \$20.00        | \$195.00            | \$19.50             |                                |             |                            | \$ 1,818.25 |
| Miscellaneous           | \$3.75         | \$1,286.60          | \$128.66            | Checking Disbursements         |             |                            | \$ 2,340.00 |
| Ohio State Sales Tax    | \$79.13        | \$1,311.82          | \$131.18            | Alanon Savings Withdrawals     |             |                            | \$ -        |
| Total Income            | \$1,793.25     | \$26,794.27         | \$2,673.43          | Alateen Savings Withdrawals    |             |                            | \$ -        |
| <b>AL-ANON EXPENSES</b> | <b>MONTHLY</b> | <b>YEAR TO DATE</b> | <b>YEAR TO DATE</b> |                                |             |                            |             |
| Rent                    | \$600.00       | \$6,000.00          | \$600.00            | Total Expenses & Withdrawals   |             |                            | \$ 2,340.00 |
| Gas                     | \$29.90        | \$411.07            | \$41.11             | Current Balance                |             |                            | \$ 9,006.11 |
| Electric                | \$84.26        | \$669.78            | \$66.98             |                                |             |                            |             |
| Phone & DSL             | \$243.76       | \$1,862.62          | \$186.26            | Checking Account Balance       | \$1,371.01  | Archives Balance           | \$ 533.26   |
| Answering Service       |                | \$0.00              | \$0.00              | Prudent Reserve (CD)           | \$4,528.43  | (Included In Alanon Funds) |             |
| Newsletter Postage      | \$17.68        | \$156.62            | \$15.66             | Prudent Reserve (Savings Acct) | \$501.84    |                            |             |
| Office Postage          | \$58.37        | \$373.83            | \$37.38             | Alateen Savings                | \$2,371.05  |                            |             |
| Literature              | \$1,155.59     | \$12,656.38         | \$1,265.64          | Petty Cash                     | \$233.78    |                            |             |
| Copier                  | \$150.44       | \$1,504.40          | \$150.44            | Total Current Account Balances | \$9,006.11  | Al-ANON Out of Balance     | \$0.00      |
| Miscellaneous           |                | \$1,895.42          | \$189.54            |                                |             | Alateen Out of Balance     | \$0.00      |
| Alateen                 |                | \$0.00              | \$0.00              |                                |             |                            |             |
| Ohio State Sales Tax    |                | \$1,520.92          | \$152.09            | Total Accounts Receivable      | \$ 1,535.17 |                            |             |
| Total Expenses          | \$2,340.00     | \$27,104.23         | \$2,710.42          | Literature Inventory           |             |                            |             |
| Net Income - Expenses   | -\$546.75      | -\$369.96           | -\$37.00            |                                |             |                            |             |
| <b>NON-CASH EXPENSE</b> |                | <b>YEAR TO DATE</b> |                     |                                |             |                            |             |
| MOW                     |                | \$0.00              |                     |                                |             |                            |             |
| PIC                     |                | \$0.00              |                     |                                |             |                            |             |
| Total                   |                | \$0.00              |                     |                                |             |                            |             |
| <b>Al-Anon Savings</b>  | <b>MONTHLY</b> | <b>YEAR TO DATE</b> |                     |                                |             |                            |             |
| Deposits                |                | \$0.00              |                     |                                |             |                            |             |
| Withdrawals             |                | \$1,100.00          |                     |                                |             |                            |             |
| Net Savings Dep.-WD     |                | -\$1,100.00         |                     |                                |             |                            |             |

| ALATEEN INCOME           | MONTHLY        | YEAR TO DATE        |
|--------------------------|----------------|---------------------|
| Group Donations          | \$25.00        | \$205.00            |
| Individual Donations     |                | \$0.00              |
| Miscellaneous            |                | \$0.00              |
| Total Alateen Income     | \$25.00        | \$205.00            |
| <b>AL-ATEEN EXPENSES</b> | <b>MONTHLY</b> | <b>YEAR TO DATE</b> |
| Literature               |                | \$424.97            |
| Komiac                   |                | \$0.00              |
| Miscellaneous            |                | \$185.00            |
| Total Alateen Expenses   | \$0.00         | \$609.97            |
| Net Alateen Inc.-Exp.    | \$25.00        | -\$404.97           |

|                    |               |
|--------------------|---------------|
| Let's Step it up   | Paradise      |
| Keep It Simple     | Hudson Friday |
| Paradise           |               |
| Courage to Be Me   | IBH           |
| First Things First |               |
| Mantua Hillside    |               |
| Hudson Friday      |               |
| Stow New Hope      |               |
| Individuals        |               |

| Delinquent Group Accounts | 60 Days | 90 Days | 120 Plus |
|---------------------------|---------|---------|----------|
| Barberton AFG             | 131.52  |         |          |
| Simple Solutions          |         |         | 4.67     |
| Tuesday Hope Rittman      |         |         | 15.79    |
| Wednesday Recovering      |         |         | 43.04    |

**Groups That Helped Keep The Doors Open. Thank You!** Alateen Donations

## New for 2016 @ Founders Day!!!!

This year for Founders Day, Akron Al-anon is going to have a panel on the 12 steps on Friday 6/9/16 from 10am to 4pm. We would like to have the groups cover a 30-minute period on each of the 12 steps. This is the first time we have attempted to take the 12 steps and cover them all in a single day. We are excited to start what we think will be a tradition at Founders Day on the opening day of the event.

Below is a sign up that we will update each month to allow the groups to pick a step and put their panel together. Each step will take 30 minutes, and you may put as many persons on the panel as you wish, keeping in mind that there is only 30 minutes to cover the step. This is a first come, first assigned, so if your group wishes to take a particular step, waste no time contacting me as I believe we will fill the slots quickly. Keep in mind only conference approved literature and of course, your Experience, Strength and Hope. We believe this may be the beginning of a step revival in our little corner of Al-anon. It is also a wonderful way to introduce the steps to newcomers and old-timers alike.

|                      | Group                |
|----------------------|----------------------|
| 10-10:30 Step 1 -    | _____                |
| 10:30-11:00 Step 2   | _____                |
| 11:00-11:30 Step 3   | IBH Courage To Be Me |
| 11:30-12:00pm Step 4 | _____                |
| 12:00-12:30 Step 5   | _____                |
| 12:30-1:00 Step 6    | _____                |
| 1:00-1:30 Step 7     | _____                |
| 1:30-2:00 Step 8     | _____                |
| 2:00-2:30 Step 9     | _____                |
| 2:30-3:00 Step 10    | _____                |
| 3:00-3:30 Step 11    | _____                |
| 3:30-4:00pm Step 12  | _____                |

Please prayerfully consider this commitment and discuss it within your group. We are asking for a decision by 1/1/2017. Should you have any questions, please feel free to contact myself or Micki. You may reach me @ 330-414-1985 or via e-mail @ [emeryucsvcs@att.net](mailto:emeryucsvcs@att.net).

Thank you and may God bless you!

Leah Emery

Al-anon Chair 2016-17

Come Celebrate With Us

Stow New Hope  
43<sup>rd</sup> Anniversary  
Building On Our  
Experience, Strength, and Hope

Monday, December 12, 2016

Doors Open at 7:00 p.m.

Speakers at 8:00 p.m.

Mariann and Fred H.

Al-Anon and A.A.

Hors d'oeuvres  
And Light Refreshments Served

Stow New Hope  
Located in Holy Family Church  
On Rt. 59 Stow, Ohio  
Parking in front of church school  
Meeting located off side entrance between the  
school and church  
Lower Level Room One

## Al-Anon Meeting on Wheels 2017 Schedule

Chair – Vicki R. [vraynor4@gmail.com](mailto:vraynor4@gmail.com); 330-221-1111

This schedule is posted on our website: <http://afg-akron.org/mow.aspx>

Our task at these meetings is simple: To briefly explain what the Al-Anon program is; then share your experience, strength and hope, and how Al-Anon has helped you in your recovery. Two or three people at each meeting works perfectly. I will contact each group the month before your assigned meetings to obtain names and contact information for speakers from your group. This information will only be shared with outpatient counselors.

**If your group is interested in sponsoring a monthly meeting (more than one month is okay!) please contact Vicki R.**

Your group's gift of Al-Anon literature is greatly appreciated and welcomed at these monthly meetings. Thank you for your contribution and support!

### January 2017 –

|          |       |           |
|----------|-------|-----------|
| Wed 1/4  | 7-8pm | St Thomas |
| Wed 1/11 | 7-8pm | St Thomas |
| Wed 1/25 | 7-8pm | St Thomas |

### February 2017 –

|          |       |           |
|----------|-------|-----------|
| Wed 2/1  | 7-8pm | St Thomas |
| Wed 2/8  | 7-8pm | St Thomas |
| Wed 2/22 | 7-8pm | St Thomas |

### March 2017 – Tuesday Triangle/Vicki R 330-221-1111

|          |       |           |
|----------|-------|-----------|
| Wed 3/1  | 7-8pm | St Thomas |
| Wed 3/8  | 7-8pm | St Thomas |
| Wed 3/22 | 7-8pm | St Thomas |
| Wed 3/29 | 7-8pm | St Thomas |

### April 2017 –

|          |       |           |
|----------|-------|-----------|
| Wed 4/5  | 7-8pm | St Thomas |
| Wed 4/12 | 7-8pm | St Thomas |
| Wed 4/26 | 7-8pm | St Thomas |

### May 2017 – Tuesday Triangle/Vicki R 330-221-1111

|          |       |           |
|----------|-------|-----------|
| Wed 5/3  | 7-8pm | St Thomas |
| Wed 5/10 | 7-8pm | St Thomas |
| Wed 5/24 | 7-8pm | St Thomas |
| Wed 5/31 | 7-8pm | St Thomas |

Al-Anon Meeting on Wheels – <sup>2017</sup>2016 Schedule

**June 2017 –**

|          |       |           |
|----------|-------|-----------|
| Wed 6/7  | 7-8pm | St Thomas |
| Wed 6/14 | 7-8pm | St Thomas |
| Wed 6/28 | 7-8pm | St Thomas |

**July 2017 –**

|          |       |           |
|----------|-------|-----------|
| Wed 7/5  | 7-8pm | St Thomas |
| Wed 7/12 | 7-8pm | St Thomas |
| Wed 7/26 | 7-8pm | St Thomas |

**August 2017 –**

|          |       |           |
|----------|-------|-----------|
| Wed 8/2  | 7-8pm | St Thomas |
| Wed 8/9  | 7-8pm | St Thomas |
| Wed 8/23 | 7-8pm | St Thomas |
| Wed 8/30 | 7-8pm | St Thomas |

**September 2017 – Tuesday Triangle/Vicki R 330-221-1111**

|          |       |           |
|----------|-------|-----------|
| Wed 9/6  | 7-8pm | St Thomas |
| Wed 9/13 | 7-8pm | St Thomas |
| Wed 9/27 | 7-8pm | St Thomas |

**October 2017 –**

|           |       |           |
|-----------|-------|-----------|
| Wed 10/4  | 7-8pm | St Thomas |
| Wed 10/11 | 7-8pm | St Thomas |
| Wed 10/25 | 7-8pm | St Thomas |

**November 2017 –**

|           |       |           |
|-----------|-------|-----------|
| Wed 11/1  | 7-8pm | St Thomas |
| Wed 11/8  | 7-8pm | St Thomas |
| Wed 11/22 | 7-8pm | St Thomas |
| Wed 11/29 | 7-8pm | St Thomas |

**December 2017 - Tuesday Triangle/Vicki R 330-221-1111**

|           |       |           |
|-----------|-------|-----------|
| Wed 12/6  | 7-8pm | St Thomas |
| Wed 12/13 | 7-8pm | St Thomas |
| Wed 12/27 | 7-8pm | St Thomas |

## Newsletter Subscription Form

If you wish to receive the Pass It On Newsletter please fill out the subscription form below and return to the Intergroup Office with your payment to start receiving or hardcopy or email scanned copy for 2016.

**Subscription Rates: \$15 per year Hardcopy sent via US Mail  
\$5 per year scanned version sent via email**

### Group Subscriptions

Group Name \_\_\_\_\_

Individual Receiving Newsletter \_\_\_\_\_

Address for Mailing (Hardcopy Only) \_\_\_\_\_  
\_\_\_\_\_

Email Address (Email Subscriptions Only) \_\_\_\_\_

### Individual Subscriptions

Individual Receiving Newsletter \_\_\_\_\_

Address for Mailing (Hardcopy Only) \_\_\_\_\_  
\_\_\_\_\_

Email Address (Email Subscriptions Only) \_\_\_\_\_

Mail Payment and Subscription Renewal Form To:

AAIS – Newsletter Renewal

3614 Manchester Road Suite 103

Akron, OH 44319

# PASS IT ON AFG

## Newsletter Meeting Topics

Group Name \_\_\_\_\_

Day of Week \_\_\_\_\_

Contact Person \_\_\_\_\_

| Date  | Topic |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

E-mail - [passitonafg@yahoo.com](mailto:passitonafg@yahoo.com)

Phone - 330-645-1165

Mail - Akron Al-Anon Information Service  
3614 Manchester Road, Suite 103  
Akron OH 44319