

**February 2020**

# Pass It On

## The Akron Area Al-Anon Newsletter

Al-Anon's 4<sup>th</sup> Concept of Service is:  
"Participation is the key to Harmony."

Get involved through service!  
We need office volunteers & service officers.  
Call the office at 330-645-1165

Office Location:  
3614 Manchester Rd. Suite 103  
Akron, OH 44319  
Website: [www.afg-akron.org](http://www.afg-akron.org)  
Call us at: 330-645-1165

Send meeting topics or anniversary flyers by the 15<sup>th</sup> of month to: [passitonafg@yahoo.com](mailto:passitonafg@yahoo.com)  
Your group donation of \$10 for the flyer can be sent to the office to assist with newsletter cost.

### Intergroup Service Officers

Chairperson  
Dan C.  
Co-Chair - Editor  
OPEN.

Secretary  
OPEN

Treasurer  
Bill B.  
Co-Treasurer  
Open Service Opportunity

Literature  
OPEN  
Co-Literature  
Mary Beth R.

PIC (Public Info Coord.)  
Don V.

MOW (Mtgs. On Wheels)  
Sharon M.  
Co-MOW  
Robyn R.

Alateen  
Sarah A.  
Co-Alateen  
Wendy Y.

Office Coordinator  
Becky Z.

Archives  
Leah E.  
Co-Archives  
Carolyn T.

Webmaster ~ Richie T.  
(Webmasters available at  
[passitonafg@yahoo.com](mailto:passitonafg@yahoo.com))

### Inside

- January Meeting Minutes
- December Financials

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Mark your calendars!

Next

Akron Intergroup Meeting

\*Tuesday 2/4/2020 @ 7:00 pm\*

Tuesday 3/3/2020

Tuesday 4/7/2020

Tuesday 5/5/2020

Tuesday 6/2/2020

Open to all Al-Anon Members,  
ISRs, Group Reps, District Reps

You are Encouraged to Attend!

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**IMPORTANT!!!!**

To contact an officer, please call  
the office and leave a message.  
They will return your call ASAP

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Please pray about doing  
service. Al-Anon needs you and  
Intergroup needs you.

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Without you there cannot be a  
local Intergroup Office here  
when you need it most.

~~~~~  
Tools for Recovery AFG  
Meets Monday at 7 PM  
Intergroup Office

### ANNOUNCEMENTS

How It Works AFG  
Thursdays 12:30 PM  
2717 S. Arlington  
Needs Support

Tuesday Triangle 38<sup>th</sup> Av.  
Tuesday, Jan. 28<sup>th</sup>  
St. Paul Episcopal Church  
1361 W. Market St., Akron

34<sup>th</sup> Annual Rainbows 'N  
Recovery  
March 20,21,22,2020  
Perrysburg, Ohio

Proposed Workshops for  
2020 at Akron Intergroup

See Flyers Inside

As a New Year approaches  
we should take time to  
think of ways in which we  
could give back to the  
fellowship which has  
enriched our lives. Is there  
some way in which we  
could step out and help in  
some way.  
Think About It.

Take a moment to read the  
note from Mickie and Irena  
concerning suggestions on  
possible uses of money for  
Outreach that was a result  
of Gratitude Night .

Intergroup Meeting January 7, 2020

In attendance: Dan C. Irena H. MaryBeth R. Brenda A. Sabreena E. Carolyn T. Don V. Bill B. Hannah A. MaryBeth G.  
Mary C. Sharon M. Donna S. Ginny C. Cathy C. Mickie G.

Meeting opened by Dan C at 6:58 with the Serenity Prayer and reading of the 12 steps.

Secretary: motion by Dan C and seconded by Don V to accept December minutes without correction. – All in favor

**Co-Chair – THIS POSITIONS IS CURRENTLY OPEN AND NEEDS TO BE FILLED AS SOON AS POSSIBLE – PLEASE CONSIDER THIS POSITION – YOU ARE NEEDED TO HELP WITH FOUNDER’S DAY 2020 –  
(Call the office and leave a message for Dan and he will return your call. – Thank you for your service in advance...**

Treasurer: See attached report – discrepancy with a group was agreed upon.

Literature: Inventory will be conducted the 2<sup>nd</sup> week of January

PIC: Ginny and Don went to Akron School event – they were well received

MOW-Sharon reported that St Thomas is still interested in our presence and we will be going again on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month beginning again in March – Please call the office with your group’s choice of month(s) – See flyer.

Alateen: Thursday night (Falls PM) meeting is on hold until further notice – PLEASE CONSIDER BECOMING AN AMIIAS- The district will pick up the tab for the FBI background check if your group cannot afford to pay

Office Coordinator: 25 calls in, 5 calls out, 6 voicemails, 1 schedule sent, 21 lit orders, 19 visits from officers and members, 0 professional calls. 21 days available open office days – 19 of those days were covered.

OAA- This position was filled by Cyndi Titus – sadly, Cyndi passed away on Saturday, January 4<sup>th</sup> – Prayers for all those she touched – Peace to you Cyndi.

Districts: AWSC is in Columbus on March 14 – See flyer about what you would like to see implemented in our area...

Webmaster: No report

Archives – Ongoing – Ideas are needed for the section of the newsletter that is Al-Anon facts/knowledge- if you have any suggestions about something Al-Anon - beginnings, history, or the how and why’s that you would like to know –call the office and leave a message describing what you would like to see

Steering Committee: Work in Progress

Founder’s Day: Dan reported that the Al-Anon schedule was approved – there will be a few changed – but a good time is planned to showcase Akron Al-Anon - PLEASE SUPPORT BOTH AA AND AL-ANON BY ATTENDING THIS YEAR -- \$30.00 will give you so much more than “Just a few meetings” – FUN FELLOWSHIP and Lots of Love and Hugs!!

Conference/workshop: Concepts part 2 will be held on January 25 – from 9:00 AM to 12:00 PM at the intergroup office A light breakfast will be served – THIS IS AN EVENT WORTH YOUR TIME--- even if you missed the 1<sup>st</sup> part – you are in for a treat!!! –

Several other workshops are in the works as well – one per month – and only \$5.00 for each workshop!!! See flyer

Old Business: The new computer has been installed and is being worked on to bring it up to par for our office needs. Thank you to Janet S, Bill B, and Don V for your time and talent!!!

**New Business: - A CO-TREASURER IS NEEDED TO HELP THE TREASURER WITH HIS DUTIES –** A special thanks to Janet S for ALL the time she has graciously given to all of us in keeping the intergroup office alive.

No questions from the floor – meeting was closed with the Al-Anon pledge and adjourned at 8:23 pm

Respectfully in service - Mickie G (alternate secretary)

AKRON AREA AL-ANON INFORMATION SERVICES  
INCOME STATEMENT

DATE: Dec-19  
PREPARED BY: Bill B.

| AL-ANON INCOME        | MONTHLY    | YEAR TO DATE | AVERAGE    | YEAR TO DATE |
|-----------------------|------------|--------------|------------|--------------|
| Literature            | \$1,961.90 | \$21,241.89  | \$1,770.16 | \$25,962.66  |
| Group Donations       | \$570.12   | \$3,355.14   | \$279.60   | \$3,276.06   |
| Individual Donations  |            | \$16,540.09  | \$1,378.34 | \$1,359.20   |
| Spring/Fall Workshop  |            | \$0.00       | \$0.00     | \$0.00       |
| Newsletter Postage    |            | \$265.00     | \$22.08    | \$325.00     |
| Fliers                |            | \$215.00     | \$17.92    | \$190.00     |
| Miscellaneous (1)     | \$2.81     | \$457.29     | \$38.11    | \$92.47      |
| Ohio State Sales Tax  | \$119.22   | \$1,329.47   | \$110.79   | \$1,660.32   |
| Total Income          | \$2,654.05 | \$43,403.88  | \$3,616.99 | \$33,765.71  |
| AL-ANON EXPENSES      | MONTHLY    | YEAR TO DATE |            | YEAR TO DATE |
| Rent                  | \$600.00   | \$7,200.00   | \$600.00   | \$7,200.00   |
| Gas                   | \$53.61    | \$542.48     | \$45.21    | \$535.13     |
| Electric              | \$63.16    | \$651.98     | \$71.00    | \$850.26     |
| Phone & DSL           | \$103.24   | \$1,202.93   | \$100.24   | \$1,290.90   |
| Web Cost              |            | \$119.88     | \$9.99     | \$140.15     |
| Newsletter Postage    |            | \$0.00       | \$0.00     | \$88.14      |
| Office Postage        |            | \$252.13     | \$21.01    | \$369.56     |
| Office Supplies       | \$1,584.85 | \$1,740.29   | \$145.02   | \$193.19     |
| Literature            | \$1,195.41 | \$15,278.38  | \$1,273.20 | \$18,256.77  |
| Copier                | \$41.33    | \$452.85     | \$37.74    | \$406.90     |
| Miscellaneous(2)      |            | \$672.93     | \$56.08    | \$1,142.72   |
| Alateen               |            | \$0.00       | \$0.00     | \$0.00       |
| Ohio State Sales Tax  |            | \$1,655.84   | \$137.99   | \$1,228.92   |
| Total Expenses        | \$3,641.60 | \$29,969.69  | \$2,497.47 | \$31,702.54  |
| Net Income - Expenses | -\$987.55  | \$13,434.19  | \$1,119.52 | \$2,063.17   |
| NON-CASH EXPENSE      |            | YEAR TO DATE |            | YEAR TO DATE |
| MOW                   |            | \$0.00       |            | \$0.00       |
| PIC                   |            | \$0.00       |            | \$26.88      |
| Total                 | \$0.00     | \$0.00       |            | \$0.00       |
| AL-Anon Savings       | MONTHLY    | YEAR TO DATE |            | YEAR TO DATE |
| Deposits              |            | \$50.00      |            | \$50.00      |
| Withdrawals           |            | \$0.00       |            | \$0.00       |
| Net Savings Dep.-WD   | \$ -       | \$50.00      |            | \$50.00      |

| ALATEEN INCOME         | MONTHLY    | YEAR TO DATE |
|------------------------|------------|--------------|
| Group Donations        | \$24.64    | \$1,609.43   |
| Individual Donations   |            | \$23.00      |
| Miscellaneous          |            | \$0.00       |
| Total Alateen Income   | \$24.64    | \$1,632.43   |
| AL-ATEEN EXPENSES      | MONTHLY    | YEAR TO DATE |
| Literature             |            | \$0.00       |
| Komiac                 | \$1,470.28 | \$1,470.28   |
| Miscellaneous          |            | \$350.00     |
| Total Alateen Expenses | \$0.00     | \$1,820.28   |
| Net Alateen Inc.-Exp.  | \$24.64    | -\$187.85    |

AKRON AREA AL-ANON INFORMATION SERVICES  
BALANCE SHEET

DATE: Dec-19  
PREPARED BY: Bill B.

|                             |                              |              |
|-----------------------------|------------------------------|--------------|
| Checking Account Deposits   | Balance Carried Forward      | \$2,464.76   |
| Alanon Savings Deposits     | Interest                     | \$ 0.75      |
| Alateen Savings Deposits    | Interest                     | \$ 24.64     |
|                             | Total Income & Deposits      | \$ 2,679.44  |
| Checking Disbursements      |                              | \$3,641.60   |
| Alanon Savings Withdrawals  |                              | \$ -         |
| Alateen Savings Withdrawals |                              | \$ -         |
|                             | Total Expenses & Withdrawals | \$ 3,641.60  |
|                             | Current Balance              | \$ 26,502.60 |

|                                |             |                            |           |
|--------------------------------|-------------|----------------------------|-----------|
| Checking Account Balance       | \$16,831.51 | Archives Balance           | \$ 533.26 |
| Prudent Reserve (CD)           | \$0.00      | (Included In Alanon Funds) |           |
| Prudent Reserve (Savings Acct) | \$5,953.11  |                            |           |
| Alateen Savings                | \$3,617.98  |                            |           |
| Petty Cash                     | \$100.00    |                            |           |
| Total Current Account Balances | \$26,502.60 | Al-Anon Out of Balance     | \$0.00    |
|                                |             | Alateen Out of Balance     | \$0.00    |
| Total Accounts Receivable      | \$ 851.17   |                            |           |
| Literature Inventory*          |             |                            |           |

Groups That Helped Keep The Doors Open

|                               |                                       |
|-------------------------------|---------------------------------------|
| Al-Anon Donations             | Alateen Donations                     |
| Tuesday Triangle              | Barberton                             |
| Hudson Friday AM              | Hudson Friday AM                      |
| Women's Focus on Growth       |                                       |
| Buckeye Trail Riders          |                                       |
| Happiness & Acceptance        |                                       |
| Stow New Hope                 |                                       |
| Medina Tues                   |                                       |
| Courage To Be Me              |                                       |
| District 51 Step Meeting      |                                       |
| Delinquent Group Accounts     |                                       |
| Autintown Monday              | 60 Days Ov 90 Days Over 120 Days Over |
| Individual                    | 4.67                                  |
| Let's Step It Up (or Rejoice) | 16.35                                 |
|                               | 17.51                                 |

Hello and a big thanks to all of you who participated in Gratitude Night – It was truly humbling to see so much recovery! – The Districts raised enough money to cover our expenses for representing you at the Assemblies and 2-day Fall. We have a little extra money left and would like to do something with it for the districts to get the word out to those still suffering from the effects of Alcoholism.

That is where all the members in District 25 and 51 come in! - We would like to hear from you with some ideas as to what kind of outreach project you would like to see. And participate in implementing.

Groups – please discuss what you would like to see done, fill out the form below and email to [passitonafg@yahoo.com](mailto:passitonafg@yahoo.com)

or mail to the Al-Anon office at **3614 Manchester Rd # 103, Akron, OH 44319**

Please put it to Attention- Mickie

Group \_\_\_\_\_

Our suggestion is:

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Thanks for your participation!

Irena H – District 51  
and  
Mickie G – District 25

## Proposed Workshops for 2020

January 25, 9:00 am to 12:00 pm – 2<sup>nd</sup> half of Concepts (7 thru 12)

### Come Grow With Us

- February 8<sup>th</sup> Is It Mine? – thru the Serenity Prayer
- March 21<sup>st</sup> Separating and Letting Go – Mine and Not Mine
- April 11<sup>th</sup> This is ME, I love this person, warts and all
- May 9<sup>th</sup> Editing My Soul
- June – No workshop – 85<sup>TH</sup> FOUNDER'S DAY IN AKRON – You will grow here!
- July 11<sup>th</sup> Release Negative, Maximize Positive – Truth and Trust
- August and September – No workshops – Summer Break
- October 10<sup>th</sup> Making a List, Finding Courage to Change
- November – No workshop – Gratitude Night – You will grow here too!!
- December 12<sup>th</sup> Spiritual Me – Personal Rainbow – “the Weaver and I”

All workshops are from 9:00 am till 12:00 noon

AT THE INTERGROUP OFFICE: 3614 Manchester Rd # 103, Akron, OH 44319

Cost: \$5.00 per person per workshop – all proceeds go to the intergroup office to keep the doors open.

Coffee, Tea, Water and light breakfast – bananas, oranges, apples, bagels, and muffins will be provided and included with the cost of the workshop

Be sure to bring you workbook “Reaching For Personal Freedom”. If you don't have this workbook, it will be available to purchase at the catalog price of \$15.00 – The districts will pay the tax and handling fees.

HOPE TO SEE YOU THERE – YOU ARE IN FOR A FANTASTIC JOURNEY INTO YOURSELF.

**WALK-INS WELCOMED**

Registration – Workshops 2020

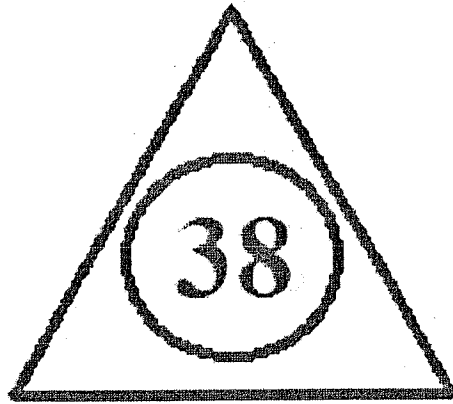
Name \_\_\_\_\_, # of persons attending \_\_\_\_\_

Date of the Workshop \_\_\_\_\_; if attached, payment \$ \_\_\_\_\_, check (y/n) \_\_\_\_\_

Please make checks to AAA Intergroup, mail to 3614 Manchester Rd, Suite 103 Akron, Ohio 44319

# Tuesday Triangle

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## Anniversary

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*Tuesday, January 28*

*Doors open at 7:00 PM*

*Lead at 8:00 PM*

Saint Paul's Episcopal Church  
1361 W Market St  
Akron OH 44313

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# The 34<sup>th</sup> Annual Rainbows 'N Recovery

## March 20, 21 & 22, 2020

The Quality Inn — 10621 Fremont Pike (Route 20 at I-75) Perrysburg, Ohio 43551

YOU MUST REGISTER TO ATTEND—NO UNRESERVED WALK-INS; NO CANCELLATIONS (Transfers permitted)

| FRIDAY                      | SATURDAY                          | SUNDAY                       |
|-----------------------------|-----------------------------------|------------------------------|
| 1:00 p.m. Registration      | 10:00 a.m. Meeting                | 10:00 a.m. Spiritual meeting |
| 7:30 p.m. Opening & meeting | 2-4:30 p.m. Meeting               | with sharing                 |
| 9:30 p.m. Pizza & Karaoke   | 7:30 p.m. Meeting & gift exchange |                              |
|                             | 10:00 p.m. Rainbow Revue          |                              |

Registration must be received no later than **February 15, 2020**. First come, first served.

A total of \$25.00 per person must accompany registration (\$20 REGISTRATION + \$5.00 ROOM DEPOSIT = \$25.00).

You must find your own roommate. The hotel requests that one person be responsible for payment of room upon arrival. Please complete the registration form below.

**\*ALL rooms are NON-SMOKING\* Roll-away bed available for king size room only.**

1 – 2 people, king size room / 3-4 people, 2 double beds. Room rate \$85.00 per night plus 3% bed tax.

*If no one shows up for their room and they do not cancel with the hotel by 4 p.m. Friday, March 20, they will be billed for one night's lodging (\$85) by the Quality Inn.*

☺ *Please Print* ☺

RESERVE A ROOM FOR \_\_\_\_\_ PERSON(S)

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Please list any additional names & addresses on the back or on a separate piece of paper.

PLEASE RETURN \$25.00 PER PERSON (in U.S. funds only) TO:  
(Make checks payable to "RAINBOWS 'N RECOVERY")

JUDITH SPRINGSTEAD  
421 W. Gypsy Lane Road  
Bowling Green OH 43402

Please check this box if this will be your first time coming to Rainbows.

### "Reserved Walk-In" Registration for those who don't need a hotel room

We are again offering a limited number of these reservations:

- You pay only the \$20 conference registration fee—must register and send payment in advance.
- You can attend all 3 days of the conference and participate in all conference-related activities (does not include the hotel's free breakfast or use of hotel amenities).
- Sorry—we cannot sell an admission for just one day and you can't share your admission with anyone else. The rate is \$20 no matter how many days you choose to attend.

These reservations are first come, first served. To register, please fill out the form below and return it with your payment of \$20 to Judy S. (at the same address listed above) by February 15, 2020.

☺ *Please Print* ☺

"RESERVED WALK-IN" REGISTRATION FOR:

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Please check this box if this will be your first time coming to Rainbows.

## Meeting Topics

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Remember that sharing your meeting topics can be a life line for a fellow Al-Anon member who is looking for answers.

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District 51 Step Meeting - Sunday at 7:45 PM

North Springfield Presbyterian Church  
Corner of Albrecht and Canton Road

Using Paths to Recovery (CAL)

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These meetings need our experience, strength and hope to continue:

Wooster Hand in Hand AFG meets Fridays at 2 pm at the  
American Red Cross  
244 W. South St.  
Wooster, OH 44691

Norton Serenity meets Fridays at 7:30 p.m. at Grace United Church of Christ  
3285 S. Cleveland-Massillon Rd.  
Norton, OH 44203

Acceptance & Happiness meets Sundays at 6:30 pm in Ellet  
Springfield Presbyterian Church - 671 Canton Rd (corner of Albrecht)

Kent Friendly AFG meets Fridays at 8:00 pm  
Kent United Methodist Church - 1435 E Main St

Tools for Recovery meets Mondays at 7 pm Intergroup Office

Keep It Simple meets Fridays at 7:45 pm at St. Thomas Hospital  
Book Study of How Al-Anon Works for Families & Friends of Alcoholics

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