

January 2015 - Happy New Year

Pass It On

The Akron Area Al-Anon Newsletter

Al-Anon's 4th Concept of Service is:
"Participation is the key to Harmony."

Office Location:
3614 Manchester Rd. Suite 103
Akron, OH 44319

Website: www.afg-akron.org
Call us at: 330-645-1165

Get involved through service!
We need office volunteers & service officers.
Call the office at 330-645-1165

The passitonafg e-mail was raided at Newsletter time. As of 10-13, all received & sent e-mails, and contacts were deleted. Some of you received Spam e-mails. We are working on a solution. Send meeting topics or anniversary flyers by the 15th of month to: passitonafg@yahoo.com
Your group donation of \$10 for the flyer can be sent to the office, it assists with newsletter cost.

Intergroup Service Officers

Chairperson

Jeff B. 330-734-9268

Co-Chair - Editor

Irena H. 330-903-6578

Secretary

Gloriann H

Treasurer

Laurie R.

Co-Treasurer

Monica C.

Literature

Lisa T.

Co-Literature

Donna N.

PIC (Public Info Coord.)

Jerry M.

Co-PIC

OPEN SERVICE OPPORTUNITY

MOW (Mtgs. On Wheels)

Brandon S.

Alateen

Linda K. 330-858-4970

Co-Alateen

OPEN SERVICE OPPORTUNITY

Office Coordinator

Roberta T. 330-285-5619

Webmaster ~ Richie L.

(Webmasters available at
passitonafg@yahoo.com)

Inside

- December Intergroup Financials
- December Meeting Minutes
- December Meeting Topics

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**Akron Intergroup Meeting**  
Tuesday 1/06/15 @ 7:30 pm

Open to all Al-Anon Members,  
**You** are Encouraged to Attend!

#### **Meeting on Wheels**

2015 Schedule will be  
posted on the website

#### **Did You Know?**

Second Saturday  
of the Month is  
District Meeting at the  
Intergroup Office

#### Our District Reps

District 25 Cindy T  
District 48 Carol R  
District 51 Sharon B  
District 56 Chris M.H.

#### Celebrations Workshops & Conferences

Tuesday Triangle AFG  
33<sup>rd</sup> Anniversary  
January 27, 2015  
Flyer inside

Al-Anon Hand-in-Hand  
1<sup>st</sup> Anniversary  
January 23, 2015  
Flyer inside

#### **Save the Date**

AAAC  
March 21, 2015

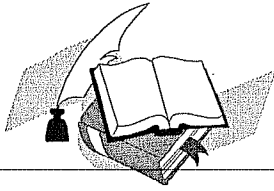
#### STEP MEETING

Starting at Step 1

District 51 Step Meeting  
Flyer Inside

#### Service Opportunities

For any office volunteer position  
call the office 330-645-1165  
or Roberta at 330-285-5619



TO: Literature Distribution Centers  
FROM: Customer Services, Camille Peters  
DATE: October 2014  
RE: LDC Update  
CC: Conference Members

#### New items

The French version of *Many Voices, One Journey* (FB-31) is now available. The Spanish version will be available within a month.

This week *Hope for Children* (B-3) is now available as an e-book in English and Spanish and was released on all 3 major providers; Apple, B&N, and Amazon. The French e-book will be coming soon.

#### Revisions/Updates:

The latest printing of *Why Anonymity in Al-Anon* (P-33) is a major revision of the pamphlet. It includes all-new wording to help members understand anonymity and find practical ways to apply and maintain it in this sometimes confusing and challenging age of electronic communication. Following a World Service Conference motion for a major revision, the pamphlet covers many aspects of this topic, including anonymity among members, at the public level (including the Internet), and as an important spiritual principle that we place above personalities. It remains eight pages long and still sells for 35 cents (US).

\*A new table card *Al-Anon Focus/Declaration* (S-24). One side of this tent card reminds members to focus on our Legacies and leave other affiliations outside Al-Anon meetings. The other side contains the Al-Anon Declaration. It is available in all three languages. The price is \$1.50.

#### Discontinued

The French version of *Hope for Children* (B-3) will no longer be available in print; it will be an e-book only.

#### Reminders:

Please note that when sending in your damaged books for returns or exchanges; please put a note with the books to include the order number they came from and what you would like from us, e.g. return for credit, your money back, or an exchange.

Jeff & I  
will order  
P-33 ✓

5-24  
soon.  
Should  
this go  
in  
news-  
letter  
?

JSP

## Minutes For December 2, 2014 Akron Al-Anon Intergroup Meeting

Attendance: Officers and ISR's

Barberton: Jeff B, Chair and ISR  
Norton Fri: Irena H, Co-chair and ISR  
Hudson Serenity: Gloriann H, Secretary and ISR  
~~District 51 Step: Laurie R, Treasurer~~  
First Things First: Monica C, Co-treasurer and ISR  
Paradise: Lisa T, Literature  
St Thomas Friday: Jerry M, PIC

Tuesday Triangle: Brandon S, MOW  
Uniontown: Phil B, Steering Committee and ISR  
IBH Tuesday: Anne H, ISR  
~~Stow-New Hope: Kathy H, ISR~~  
District 51 Step: Janet S, ISR  
Hudson Serenity: Becky Z, GR

Call to order: 7:30pm by Jeff B; moment of silence followed by the Serenity Prayer. Members introduced themselves by first name, group affiliation and position. The Steps were read.

Secretary Report:

1. The November Minutes were printed in the newsletter. Kathy H made a motion to waive the reading of the minutes, seconded by Becky Z and unanimously approved as written.

Co-chair Report:

1. Irena H will continue the effort to recover lost email addresses. Janet S suggested that we ask our groups if they are receiving email newsletters; Phil B noted that renewals are due. Both of these suggestions will help retrieve correct email addresses.
2. 31 newsletters were mailed and 30 emailed. The emailed newsletters were initially incomplete and a complete version was resent.

Treasurer Report:

1. Last month Phil B reported an incorrect revenue amount for the Spring and Fall Workshops. The amount listed on the Treasurer's Report is correct.
2. There are some discrepancies re Misc Income amounts from the Workshops. Phil B and Laurie R will discuss after the meeting and will correct on the report
3. Laurie R reported that the receivables will cover the negative bottom line. She will do a comparative cost analysis for years 2013 and 2014 and present that report next month.
4. Jeff B said that the total income of \$30,000 seemed like a high amount. Phil B noted that the amount is consistent with previous years.
5. Irena H made a motion to accept the Treasurer's Report, seconded by Lisa T and unanimously approved as presented.

Literature Report:

1. Lisa T placed a small order of \$400. The shelves are stocked except for pamphlets that she will order this month.
2. Al-Anon Declaration cardboard pieces that can be placed on tables are now available; please inform groups.

PIC Report:

1. Jerry M sent information to a professional group, Northeast Ohio Behavioral Health
2. Jerry M made several attempts to contact the woman from W Salem and the teacher who requested an Al-Anon speaker for her Oct and Nov classes. Neither person returned his calls.
3. Irena H suggested that Intergroup supply libraries in Akron and Summit County with recently published Al-Anon books such as Transforming Our Losses, From Survival to Recovery, Alateen's Courage To Be Me. Lisa T said that she has put together a list of appropriate library books. Jeff B asked if The Steering Committee could assist PIC in this project. Phil B noted that approximately 10 years ago the groups were asked to donate books to their local libraries and he suggested that we do the same now to help deter the cost from Intergroup.

#### MOW Report:

1. Brandon S reported that the Treatment Centers expressed their gratitude for providing MOW service
2. Andrea from St Thomas sent Brandon an email requesting an increase in monthly MOW's. Specifically, she would like meetings on every Wednesday except the second one. The time of 7-8pm will remain the same. For the past several months Brandon S has been honoring this request himself or with another Al-Anon member. He changed the format from a mini lead to a topic and felt this was a successful approach since many of the patients return each week during the month. Jeff B suggested that Brandon S call the groups who currently provide the service and ask them to support the additional meetings. Irena H suggested that the current procedure remain and a new request be made for the additional days at St. Thomas. Phil B suggested that Brandon S structure the participation differently, using different groups for different months. Kathy H agreed and suggested that the information be printed in the newsletter. Brandon S and Irena H will meet to formulate the request that will be printed in next months newsletter.
3. Janet S said that she sends updated meeting lists to St Thomas and Orianna House. Brandon S will send Janet S the email contact for Edwin Shaw.

Alateen: no report

#### Office Coordinator Report:

1. Roberta T will give a 2 month statistic report at next month's meeting

OAA: no report

#### Districts:

1. Members who attended Gratitude Night noted that it was very successful

Webmaster :no report

Archives: no report

#### Steering Committee Report:

1. Ginny C sent Phil B World Service guidelines for newsletter editors. Phil B stated that we are following these guidelines. The World Service Guidelines state that the content for the newsletter is determined by the group conscience of the members sending out the newsletter. Phil B has not received any comments re the recent guidelines distributed to the groups and also printed in the newsletter so he suggested we follow these guidelines as written.

#### Founders Day Report:

1. Jeff B reported that the Friday night speakers have accepted the invitation from the Committee. A confirmation letter will be sent
2. Irena H said that traditionally the Intergroup Co-chair holds a panel discussion on Saturday morning. She suggested the topic be Step 3. Irena H also said that she would like to hold a workshop on Saturday at 3pm on Step 9. Irena H will work on the details for these 2 events.
3. Jeff B is organizing the Al-Anon Old Timers Panel for Friday night
4. Janet S will talk to Roberta T about asking "Tony and the Tonettes" (from District 48 Workshop) to perform at Founders Day. If that cannot be arranged Janet S will contact Linda K re a skit.

#### One Day Workshop Report:

1. Since AAAC will be doing a Spring Workshop in March, Jeff B suggested that Intergroup sponsor only one workshop in the Fall

Old Business: no report

New Business: no report

The Meeting adjourned at 8:15pm; The Alanon declaration was recited.

AKRON AREA AL-ANON INFORMATION SERVICES  
INCOME STATEMENT

DATE: Nov-14  
PREPARED BY: Laurie R.

| AL-ANON INCOME        | MONTHLY    | YEAR TO DATE | AVERAGE/MO |
|-----------------------|------------|--------------|------------|
| Literature            | \$1,621.14 | \$23,110.28  | \$2,100.93 |
| Group Donations       | \$795.00   | \$3,520.17   | \$320.02   |
| Individual Donations  |            | \$268.51     | \$24.41    |
| Spring/Fall Workshop  | \$660.00   | \$660.00     |            |
| Subscriptions         | \$70.00    | \$545.00     | \$49.55    |
| Fliers                |            | \$190.00     | \$17.27    |
| Miscellaneous(1)      | \$2.00     | \$2,409.93   | \$219.08   |
| Ohio State Sales Tax  | \$98.77    | \$1,577.57   | \$143.42   |
| Total Income          | \$3,246.91 | \$32,281.46  | \$2,934.68 |
| AL-ANON EXPENSES      | MONTHLY    | YEAR TO DATE |            |
| Rent                  | \$600.00   | \$6,600.00   | \$600.00   |
| Gas                   | \$34.70    | \$507.04     | \$46.09    |
| Electric              | \$41.16    | \$528.14     | \$48.01    |
| Phone & DSL           | \$173.56   | \$1,806.60   | \$164.24   |
| Answering Service     |            | \$0.00       | \$0.00     |
| Newsletter Postage    | \$29.20    | \$197.02     | \$17.91    |
| Office Postage        | \$31.96    | \$104.43     | \$9.49     |
| Office Supplies       | \$56.67    | \$456.56     | \$41.51    |
| Literature            | \$2,556.87 | \$16,514.07  | \$1,501.28 |
| Copier                | \$147.45   | \$1,606.21   | \$146.02   |
| Miscellaneous(2)      | \$32.00    | \$2,111.54   | \$191.96   |
| Alateen               |            | \$780.77     | \$70.98    |
| Ohio State Sales Tax  |            | \$1,735.50   | \$157.77   |
| Total Expenses        | \$3,703.57 | \$32,947.88  | \$2,995.26 |
| Net Income - Expenses | -\$456.66  | -\$666.42    | -\$60.58   |
| NON-CASH EXPENSE      |            | YEAR TO DATE |            |
| MOW                   |            | \$0.00       |            |
| PIC                   |            | \$46.20      |            |
| Total                 |            | \$0.00       | \$46.20    |
| Al-Anon Savings       | MONTHLY    | YEAR TO DATE |            |
| Deposits              | \$25.00    | \$65.00      |            |
| Withdrawals           | \$20.00    | \$20.00      |            |
| Net Savings Dep.-WD   | \$5.00     | \$45.00      |            |

| ALATEEN INCOME         | MONTHLY | YEAR TO DATE |
|------------------------|---------|--------------|
| Group Donations        | \$25.00 | \$530.50     |
| Individual Donations   |         | \$10.00      |
| Miscellaneous          |         | \$0.00       |
| Total Alateen Income   | \$25.00 | \$540.50     |
| AL-ATEEN EXPENSES      | MONTHLY | YEAR TO DATE |
| Literature             |         | \$173.96     |
| Korniac                |         | \$0.00       |
| Miscellaneous (3)      | \$25.00 | \$305.77     |
| Total Alateen Expenses | \$25.00 | \$479.73     |
| Net Alateen Inc.-Exp.  | \$0.00  | \$60.77      |
| Alateen Savings        | MONTHLY | YEAR TO DATE |
| Deposits               | \$25.00 | \$540.50     |
| Withdrawals            | \$25.00 | \$479.73     |
| Net Savings Dep.-WD    | \$0.00  | \$60.77      |

AKRON AREA AL-ANON INFORMATION SERVICES  
BALANCE SHEET

DATE: Nov-14  
PREPARED BY: Laurie R.

|                              |          |              |
|------------------------------|----------|--------------|
| Balance Carried Forward      |          | \$ 13,034.50 |
| Checking Account Deposits    |          | \$ 3,246.91  |
| Alanon Savings Deposits      | Interest | \$ 6.58      |
| Alateen Savings Deposits     | Interest | \$ 0.11      |
|                              |          | \$ 25.11     |
|                              |          | \$ -         |
| Total Income & Deposits      |          | \$ 3,303.60  |
| Checking Disbursements       |          | \$ 3,703.57  |
| Alanon Savings Withdrawals   |          | \$ 20.00     |
| Alateen Savings Withdrawals  |          | \$ 25.00     |
| Total Expenses & Withdrawals |          | \$ 3,748.57  |
| Current Balance              |          | \$ 12,589.53 |

|                                |              |                            |           |
|--------------------------------|--------------|----------------------------|-----------|
| Checking Account Balance       | \$ 3,343.66  | Archives Balance           | \$ 533.26 |
| Prudent Reserve (CD)           | \$ 4,521.87  | (Included In Alanon Funds) |           |
| Prudent Reserve (Savings Acct) | \$ 1,601.30  |                            |           |
| Alateen Savings                | \$ 2,910.61  |                            |           |
| Petty Cash                     | \$ 212.09    |                            |           |
| Total Current Account Balances | \$ 12,589.53 | Al-Anon Out of Balance     | \$ 0.00   |
|                                |              | Alateen Out of Balance     | \$ 0.00   |

Total Accounts Receivable \$ 1,563.29  
Literature Inventory

Groups That Helped Keep The Doors Open  
Alateen Donations

- District 51 Step Mig
- Fairlawn Tuesday Night
- Hudson Sat. Serenity
- Mantua Hillside
- Norton Serenity
- Uniontown Fri. Night
- Women's Focus On Growth
- Wooster Thursday
- Wyndham Tuesday
- Hudson Sat. Serenity

Delinquent Group Accounts

|                                  |              |               |
|----------------------------------|--------------|---------------|
| 60 Days Over                     | 90 Days Over | 120 Days Over |
| District 48 Step Meetin \$ 17.51 | \$ 14.59     |               |
| Hope and Happiness \$ 105.08     |              |               |
| Mantua Hillside                  | \$ 34.21     |               |
| Stow New Hope                    |              | \$ 108.21     |

- Notes
- (1) Misc Income \$2.00 Pens
  - (2) Misc Exp \$32 Jo Fall Banquet
  - (3) Mis Exp Alateen \$25 FD Speaker

# ***Looking For a Step Study Meeting?***

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***Come Join Us at the District 51 Step Meeting***

***We Are Starting Over Beginning on Step One  
this January, 2015***

***Using CAL: Paths to Recovery  
Reaching for Personal Freedom***

***Where: North Springfield Presbyterian Church  
671 Canton Road  
Akron, OH 44312***

***When: Sunday Evenings at 7:45 PM***

***Questions: Contact Phil B. 330-819-1669***

*Join Us in Our Anniversary Celebration!!*

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*Tuesday Triangle AFG  
33rd Anniversary  
Tuesday, January 27, 2015*

*8:00 p.m.  
Lead: Janet S.*



*St. Paul's Episcopal Church  
1361 West Market Street, Room G-3  
Akron  
Cake & punch to follow*

Al-Anon  
Hand-in-Hand

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1<sup>st</sup> Anniversary

When: January 23, 2015

Where: American Red Cross

244 W South St

Wooster Ohio

Time: Eat @ 1

Lead @ 2

Lead: Roberta T.

Please bring covered dish

Group will provide cake & beverage



## Meeting Topics – January 2015

IBH – Courage To Be Me

|            |                                                                |
|------------|----------------------------------------------------------------|
| January 6  | Say What You Mean, Mean What You Say – Communications          |
| January 13 | Mind Your Own Business                                         |
| January 20 | Step 1, Tradition 1                                            |
| January 27 | Panel – Handling Frustrations (Charlotte C. Khori H. Ellen B.) |

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For a couple years now we have had a situation with publishing flyers in the newsletter. The following is an effort to provide guidance in the decision making process.

### Newsletter Reference Sheet

Beginning 5/21/14

The Co-Chair's duties, as stated in the by-laws for Intergroup, are to publish and mail a monthly newsletter.

As a trusted servant, it is important that final decision for what is in the newsletter is the Co-Chair's responsibility.

In keeping with the Traditions and the Al-Anon/Alateen Service Manual, we have come to this understanding of the Newsletter/Flyer issue that has been discussed at the last several intergroup meetings.

What do we publish in the newsletter?

Al-Anon only events and functions presented by the national, state, and Akron Area Al-Anon Intergroup.

Al-Anon only events and functions presented by Regional Al-Anon Organizations.

Al-Anon only events and functions of Al-Anon family groups in Dist. #48, 56, 51, and 25.

Joint events and functions may have their flyers published provided the sponsoring AFG have their ISR or GR attend the regularly scheduled AAIS monthly meetings to answer questions on singleness of purpose, the material to be used, and to seek open dates.

A flyer sent to be published will need the name and phone number or email of the address submitting flyer for publication. Intergroup is requesting a 10 dollar donation to help defray the cost of publishing flyer.

We hope the above will provide common welfare for the greatest number; and prevent dilution of our program.



Please read at two meetings this month

To: All Akron Area Al-Anon Groups and Individual Members

From: Laurie R., AAIS Intergroup Treasurer and Monica C., Co-Treasurer

Subject: Fall 2014 Plea Letter

This year we must once again make a special plea to the area groups to support AAIS, our local Akron Al-Anon Information Services.

Thank you for your ongoing support of the Akron Al-Anon Information Service (Intergroup) office. Because of your generosity we have been able to keep the office open and field both phone and internet requests for information from newcomers and professionals. Alateen members have been able to attend KOMIAC and other events with minimal personal expense. We have been able to keep our website functioning and to stock a good supply of Al-Anon literature for sale to individuals and groups. The Al-Anon office also functions as a meeting place for Intergroup, Districts, and workshop planning.

Ongoing expenses include those for rent, copier, phone and phone book listings, purchase of Al-Anon literature, gas, electric, internet service, and newsletter expenses.

The Intergroup office relies upon sale of Al-Anon literature and donations from groups, conferences, and individuals to meet these expenses. Our only other source of revenue is from sales of pens, pins, bags, and bookmarks at Founders' Day.

The year-to-date group, conference, and individual donations total \$2993.68. We ask that groups and individuals consider a donation in response to this plea letter to help us keep our doors open. Some groups make a donation from existing funds, while others may prefer to pass a separate basket. Individuals may send donations directly to the Akron Area Intergroup Office.

Thanks to those of you who support our Intergroup Office with your contributions. Your generosity allows our Twelfth Step work to go forward by allowing us to carry the message of hope to families and friends affected by someone else's drinking.

PASS IT ON AFG

Newsletter Meeting Topics

Group Name \_\_\_\_\_

Day of Week \_\_\_\_\_

Contact Person \_\_\_\_\_

| Date  | Topic |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

E-mail - [passitonafg@yahoo.com](mailto:passitonafg@yahoo.com)

Phone - 330-645-1165

Mail - Akron Al-Anon Information Service  
3614 Manchester Road, Suite 103  
Akron OH 44319

## Newsletter Subscription Form

If you wish to receive the Pass It On Newsletter please fill out the subscription form below and return to the Intergroup Office with your payment to start receiving or hardcopy or email scanned copy for 2013.

Subscription Rates: \$15 per year Hardcopy sent via US Mail  
\$5 per year scanned version sent via email

### Group Subscriptions

Group Name \_\_\_\_\_

Individual Receiving Newsletter \_\_\_\_\_

Address for Mailing (Hardcopy Only) \_\_\_\_\_

\_\_\_\_\_

Email Address (Email Subscriptions Only) \_\_\_\_\_

### Individual Subscriptions

Individual Receiving Newsletter \_\_\_\_\_

Address for Mailing (Hardcopy Only) \_\_\_\_\_

\_\_\_\_\_

Email Address (Email Subscriptions Only) \_\_\_\_\_

Mail Payment and Subscription Renewal Form To:

AAIS – Newsletter Renewal

3614 Manchester Road Suite 103

Akron, OH 44319