

February 2016

Pass It On

The Akron Area Al-Anon Newsletter

Al-Anon's 4th Concept of Service is:
"Participation is the key to Harmony."

Office Location:
3614 Manchester Rd. Suite 103
Akron, OH 44319
Website: www.afg-akron.org
Call us at: 330-645-1165

Get involved through service!
We need office volunteers & service officers.
Call the office at 330-645-1165

Send meeting topics or anniversary flyers by the 15th of month to: passitonafg@yahoo.com
Your group donation of \$10 for the flyer can be sent to the office, it assists with newsletter cost.

Intergroup Service Officers

Chairperson
Irena H. 330-903-6578

Co-Chair - Editor
OPEN SERVICE OPPORTUNITY

Secretary
Marian H.

Treasurer
Laurie R.
Co-Treasurer
OPEN SERVICE OPPORTUNITY

Literature
Donna N.
Co-Literature
OPEN SERVICE OPPORTUNITY

PIC (Public Info Coord.)
Jerry M.
Co-PIC
OPEN SERVICE OPPORTUNITY

MOW (Mtgs. On Wheels)
Vickie R. 330-221-1111

Alateen
Linda K. 330-858-4970
Co-Alateen
OPEN SERVICE OPPORTUNITY

Office Coordinator
Roberta T. 330-285-5619

Webmaster ~ Richie L.

(Webmasters available at
passitonafg@yahoo.com)

Inside

- January Meeting Minutes
-
- December Financials
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- February Meeting Topics

Akron Intergroup Meeting

Tuesday 2/2/16 @ 7:30 pm

Open to all Al-Anon Members,

Group Reps, District Reps

You are Encouraged to Attend!

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**Meeting on Wheels**

January 2016  
Contact Vickie R

2016 Schedule will be  
posted on the website  
when finalized

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AAAC is reforming
It's Committee

If interested please call
330-285-5619
And record your interest

Anniversaries &
Announcements

Hudson
Simple Solutions – AFG
5th Anniversary
Monday February 29th

Save the Date

Intergroup Workshop
Day of Recovery
Happiness by Working
the Al-Anon Program

Saturday March 5th

Norton Community Center

30th Annual Rainbows
'N Recovery

March 11, 12, & 13

Perrysburg, Ohio

See Flyers Inside

If you have not done so by now
It is time to renew your
Newsletter Subscription

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Remember that sharing your meeting topics can be a life line for a fellow Al-Anon member who is looking for answers.

**IBH – Courage to be Me – Tuesdays at 7:00 PM**

- February 2                      **First Things First**
- February 9                      **Managing**
- February 16                    **Step 2 / Tradition 2**
- February 23                    **Panel: Having Slips**

**Happiness & Acceptance – Sundays at 6:30 PM**

- February 7                      **Step 2 / Tradition 2 – Came to Believe (Hope)**
- February 14                    **Valentine's Day 3 C's Panel**
- February 21                    **“No” is a complete sentence**
- February 28                    **Lead**

**District 51 Step Meeting – Sunday at 7:45 PM – See flyer**

**This Meeting is in the midst of step 1.**

**NOTE: The last Sunday of the month we will be studying the Tradition for that month.**

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Meeting on Wheels

Sponsored in February by – Contact Vickie R. – 330-221-1111

There is some ambiguity here as the agencies we help have not given us the 2016 schedules yet.

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## Alanon Intergroup Meeting Minutes of 1/5/2016

Present – Irena H, Leah E, Sharon M, Laurie R, Donna N, Lucy M, Roberta T

Chairman – Irena H. called the meeting to order, the traditions were read.

Secretary -Minutes were approved by motion and vote, with no corrections or changes.

Co-Chair – no report

Treasurer- Treasurer's report was approved by motion and vote, with no corrections and changes.

Literature- Donna reported that the year-end (2015) inventory is complete, but the report is incorrect. She will have the correction by the meeting in February.

PIC – No report

MOW-no report

Alateen – no report

Office Coordinator- reported the following

Calls in – 23

Calls out – 21

Voice Mail – 28

Pamphlets/schedules – 1

Literature orders – 22

Volunteers 15 out of 20 days

OAA – no report

District reps- no report.

Web Master – no report

Archives – no report

Steering Committee – no report, a suggestion was made that the members need to meet to discuss what items would be available for sale for Founders Day as well as any workshop or conference in 2016.

Founders Day – Irena H reported there was a meeting on Monday 1/4/16 and the following was reported;

1. Bill and Ellen B. from Akron will be the Friday Night AA/Alanon speakers
2. Saturday morning Alanon panel will focus on Courage To Be Me

3. Saturday afternoon workshop will be on Step I/Tradition 1
4. Meal options will only be available for purchase on pre-registration, not on in-person registration due to cost.

Conference/workshop update – it is tentatively scheduled for 3/5/16 in Norton at the Community Center. Groups are asked to consider helping with the following:

1. Set up
2. Literature sales
3. Decorations
4. Clean up
5. Basket donations

Old Business – none

New Business –Cancellation of Intergroup meeting due to weather. All those who attend Intergroup's monthly meeting are asked to call the office on days (1<sup>st</sup> Tuesday of each month) in the case of inclement weather to determine if there is a meeting. A decision should be made by 4 pm and a message will be left on the answering machine

The meeting was adjourned after motion and approval.

Minutes submitted by Leah E

AKRON AREA AL-ANON INFORMATION SERVICES  
INCOME STATEMENT

DATE: Dec-15

PREPARED BY:  
Laurie R.

| AL-ANON INCOME          | MONTHLY             | YEAR TO DATE        | AVERAGE/MO. | YTD 2014    |
|-------------------------|---------------------|---------------------|-------------|-------------|
| Literature              | \$1,350.44          | \$22,183.63         | \$1,848.64  | \$24,950.21 |
| Group Donations         | \$410.47            | \$2,942.85          | \$245.24    | \$3,650.17  |
| Individual Donations    |                     | \$417.34            | \$34.78     | \$793.51    |
| Spring/Fall Workshop    |                     | \$0.00              |             | \$660.00    |
| Subscriptions           | \$110.00            | \$465.00            | \$38.75     | \$655.00    |
| Fliers                  |                     | \$170.00            | \$14.17     | \$210.00    |
| Miscellaneous (1)       |                     | \$963.83            | \$80.32     | \$2,129.16  |
| Ohio State Sales Tax    | \$82.48             | \$1,406.65          | \$117.22    | \$1,690.24  |
| Total Income            | \$1,953.39          | \$28,549.30         | \$2,379.11  | \$34,738.29 |
| <b>AL-ANON EXPENSES</b> | <b>MONTHLY</b>      | <b>YEAR TO DATE</b> |             |             |
| Rent                    | \$600.00            | \$7,200.00          | \$600.00    | \$7,200.00  |
| Gas                     | \$41.56             | \$558.71            | \$46.56     | \$559.35    |
| Electric                | \$54.60             | \$706.53            | \$58.88     | \$571.14    |
| Phone & DSL             | \$181.79            | \$2,156.07          | \$179.67    | \$1,988.29  |
| Answering Service       |                     | \$0.00              | \$0.00      | \$0.00      |
| Newsletter Postage      | \$43.91             | \$325.29            | \$27.11     | \$197.02    |
| Office Postage          | \$36.45             | \$100.14            | \$8.35      | \$104.43    |
| Office Supplies         | \$118.04            | \$407.47            | \$33.96     | \$456.56    |
| Literature              | \$1,397.52          | \$17,323.08         | \$1,443.59  | \$17,204.45 |
| Copier                  | \$150.44            | \$1,775.38          | \$147.95    | \$1,753.66  |
| Miscellaneous(1)        |                     | \$492.50            | \$41.04     | \$2,352.02  |
| Alateen                 |                     | \$0.00              | \$0.00      | \$0.00      |
| Ohio State Sales Tax    |                     | \$1,487.72          | \$123.98    | \$1,735.50  |
| Total Expenses          | \$2,624.31          | \$32,532.89         | \$2,711.07  | \$34,102.42 |
| Net Income - Expenses   | -\$670.92           | -\$3,983.59         | -\$331.97   | -\$635.87   |
| <b>NON-CASH EXPENSE</b> | <b>YEAR TO DATE</b> |                     |             |             |
| MOW                     | \$0.00              | \$0.00              |             |             |
| PIC                     | \$21.02             | \$60.53             |             |             |
| Total                   | \$21.02             | \$60.53             |             |             |
| <b>Al-Anon Savings</b>  | <b>MONTHLY</b>      | <b>YEAR TO DATE</b> |             |             |
| Deposits                | \$                  | \$0.00              |             |             |
| Withdrawals             | \$                  | \$0.00              |             |             |
| Net Savings Dep.-WD     | \$                  | \$0.00              |             |             |

| ALATEEN INCOME           | MONTHLY        | YEAR TO DATE        |
|--------------------------|----------------|---------------------|
| Group Donations          | \$40.00        | \$481.50            |
| Individual Donations     | \$0.00         | \$22.20             |
| Miscellaneous            | \$0.00         | \$0.00              |
| Total Alateen Income     | \$40.00        | \$503.70            |
| <b>AL-ATEEN EXPENSES</b> | <b>MONTHLY</b> | <b>YEAR TO DATE</b> |
| Literature               | \$0.00         | \$0.00              |
| Korniac                  | \$0.00         | \$0.00              |
| Miscellaneous            | \$0.00         | \$175.41            |
| Total Alateen Expenses   | \$0.00         | \$175.41            |
| Net Alateen Inc.-Exp.    | \$40.00        | \$328.29            |

DATE: \_\_\_\_\_

PREPARED BY:  
Laurie R.

|                                         | Balance Carried Forward | \$ 10,411.11       |
|-----------------------------------------|-------------------------|--------------------|
| Checking Account Deposits               |                         | \$1,953.39         |
| Alanon Savings Deposits                 | Interest                | \$ -               |
| Alateen Savings Deposits                | Interest                | \$ 40.00           |
|                                         |                         | \$ -               |
| <b>Total Income &amp; Deposits</b>      |                         | <b>\$ 1,993.39</b> |
| Checking Disbursements                  |                         | \$2,624.31         |
| Alanon Savings Withdrawals              |                         | \$ -               |
| Alateen Savings Withdrawals             |                         | \$ -               |
|                                         |                         | \$ -               |
| <b>Total Expenses &amp; Withdrawals</b> |                         | <b>\$ 2,624.31</b> |
| <b>Current Balance</b>                  |                         | <b>\$ 9,780.19</b> |
| Checking Account Balance                |                         | \$640.77           |
| Prudent Reserve (CD)                    |                         | \$4,528.43         |
| Alateen Reserve (Savings Acct)          |                         | \$1,602.07         |
| Alateen Savings                         |                         | \$2,775.14         |
| Petty Cash                              |                         | \$233.78           |
| <b>Total Current Account Balances</b>   |                         | <b>\$9,780.19</b>  |
|                                         | Al-Anon Out of Balance  | \$0.00             |
|                                         | Alateen Out of Balance  | \$0.00             |

Total Accounts Receivable \$ 1,780.83  
Literature Inventory

**Groups That Helped Keep The Doors Open**

|                                    |                    |
|------------------------------------|--------------------|
| Al-Anon Donations                  | Alateen Donations  |
| Wooster Thursday/ Area 44, Dist 56 | Friday Morning AFG |
| Medina                             |                    |
| Falls PM                           |                    |
| Friday Morning AFG                 |                    |
| Lets Step it up                    |                    |
| Manaatua Hillside AFG              |                    |
| Paradise AFG                       | Paradise AFG       |
| Wadsworth AFG                      |                    |

**Delinquent Group Accounts**

60 Days Ovr 90 Days Over 120 Days Over  
Copley Afg Monday 19.85  
Wednesday Recovering Adult Children \$ 32.69

**Notes**

# **District 51 Step Meeting**

**A New Year of Steps and Traditions**

**We are starting over in January**

**A 12 Month Study of the Steps and Traditions**

**Using: Reaching For Personal Freedom (CAL)**

**Please Come Join Us**

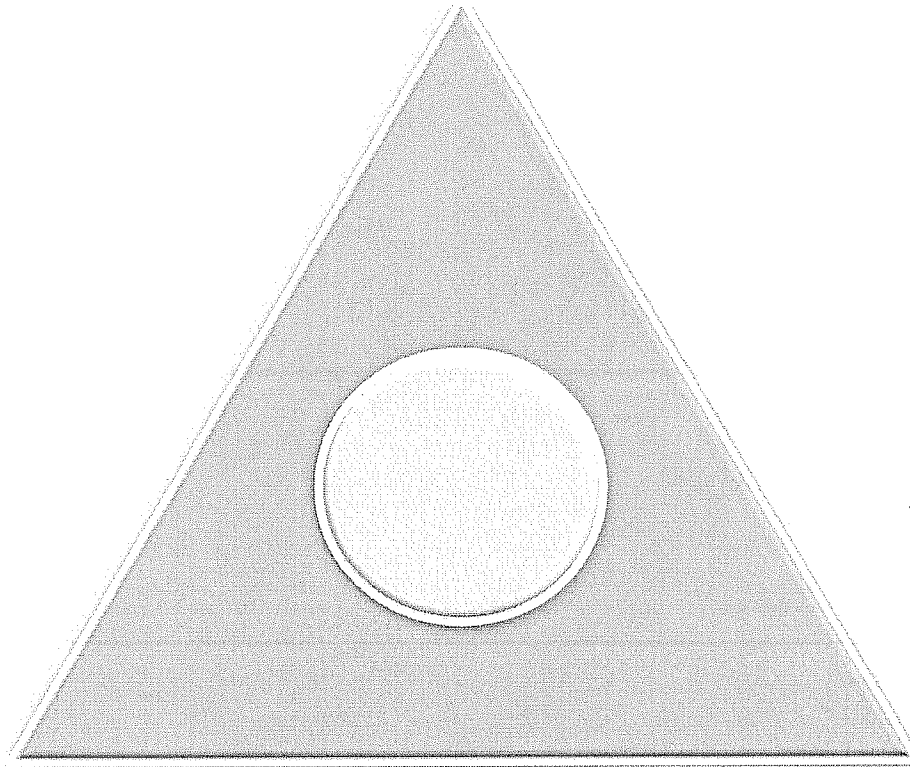
**For More Information Contact**

**Phil B. 330-819-1669**

**or**

**Jeff B. 330-734-9268**

THE MEN OF SIMPLE SOLUTIONS AFG  
INVITE **ALL** AL-ANON MEMBERS  
TO SPEND 2016'S LEAP DAY CELEBRATING OUR  
**5<sup>th</sup> Anniversary!!**



**MONDAY FEBRUARY 29<sup>TH</sup>**

DOORS OPEN AT 6:30p

MEETING FROM 6:45p – 7:45p

PIZZA | RECOVERY | CAKE

Western Reserve Christian Church, 1 Mile East of Route 8 on 303  
516 W Streetsboro St, Hudson, OH

# Day of Recovery Happiness by Working the Al-Anon Program

*Come One, Come All to the Workshop*

*sponsored by Akron Area Al-Anon Intergroup*

*March 5<sup>th</sup>, Saturday, 2016*

*Norton Community Center  
4060 Columbia Woods, Norton, Ohio 44203*

9:00 am Registration  
10:00 am Start  
12:30 Lunch (provided)  
3:30 pm Closing

**Please register** (so we can order Lunch for everyone); send **\$20.00 per person**

Registration to :

**AAA Intergroup  
3614 Manchester Rd. # 3  
Akron, Ohio 44319  
Phone: 330-645-1165**

Walk-Ins Welcome

Please register  
by Monday  
February 29,  
2016

-----  
Name \_\_\_\_\_, No of Reservations \_\_\_\_\_, \$ \_\_\_\_\_

Phone \_\_\_\_\_, Email \_\_\_\_\_

Dietary Restrictions (please specify) \_\_\_\_\_



# The 30<sup>th</sup> Annual Rainbows 'N Recovery March 11, 12 & 13, 2016

The Quality Inn (formerly the Holiday Inn Express)  
10621 Fremont Pike (Route 20 at I-75) Perrysburg, Ohio 43551

YOU MUST REGISTER TO ATTEND—NO WALK-INS OR CANCELLATIONS (Transfers permitted)

| FRIDAY                      | SATURDAY                          | SUNDAY                       |
|-----------------------------|-----------------------------------|------------------------------|
| 1:00 p.m. Registration      | 10:00 a.m. Meeting                | 10:00 a.m. Spiritual meeting |
| 8:00 p.m. Opening & meeting | 2-4:30 p.m. Meeting               | with sharing                 |
| 10:00 p.m. Pizza & Dance    | 7:30 p.m. Meeting & gift exchange |                              |
|                             | 10:00 p.m. Rainbow Revue          |                              |

**Due to new hotel management and increased costs, there will be no dinner buffet Saturday night and the Hospitality Room will close at midnight on Saturday.**

Registration must be received no later than **February 15, 2016**. First come, first served.  
A total of \$25.00 per person must accompany registration (\$20 REGISTRATION + \$5.00 ROOM DEPOSIT = \$25.00).  
Please make checks payable to "Rainbows 'N Recovery."

You must find your own roommate. The hotel requests that one person be responsible for payment of room upon arrival. Please complete the registration form below.

**\*ALL rooms are now NON-SMOKING\*** *Roll-away bed available for king size room only.*  
1 – 2 people, king size room / 3-4 people, 2 double beds. Room rate \$75.00 per night plus 3% bed tax.

**RESERVE A ROOM FOR \_\_\_\_\_ PERSON(S)**

☺ Please Print ☺

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\* \* \* \* \*

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\* \* \* \* \*

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\* \* \* \* \*

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\* \* \* \* \*

**PLEASE RETURN \$25.00 PER PERSON IN U.S. FUNDS ONLY TO: JUDITH SPRINGSTEAD**  
**(Make checks payable to "RAINBOWS 'N RECOVERY" ) 234 TRINITY COURT**  
**PERRYSBURG, OH 43551**

Confirmation will follow with directions. Please bring snacks for the hospitality room.  
All sessions will be recorded and available for purchase.

**FEATURES:** Hospitality Room open until midnight Saturday ~ Indoor pool with extended hours  
Continental Breakfast on Saturday and Sunday mornings

## Newsletter Subscription Form

If you wish to receive the Pass It On Newsletter please fill out the subscription form below and return to the Intergroup Office with your payment to start receiving or hardcopy or email scanned copy for 2013.

**Subscription Rates: \$15 per year Hardcopy sent via US Mail  
\$5 per year scanned version sent via email**

### Group Subscriptions

Group Name \_\_\_\_\_

Individual Receiving Newsletter \_\_\_\_\_

Address for Mailing (Hardcopy Only) \_\_\_\_\_

\_\_\_\_\_

Email Address (Email Subscriptions Only) \_\_\_\_\_

### Individual Subscriptions

Individual Receiving Newsletter \_\_\_\_\_

Address for Mailing (Hardcopy Only) \_\_\_\_\_

\_\_\_\_\_

Email Address (Email Subscriptions Only) \_\_\_\_\_

Mail Payment and Subscription Renewal Form To:

AAIS – Newsletter Renewal

3614 Manchester Road Suite 103

Akron, OH 44319

**PASS IT ON AFG**

**Newsletter Meeting Topics**

Group Name \_\_\_\_\_

Day of Week \_\_\_\_\_

Contact Person \_\_\_\_\_

| Date  | Topic |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

E-mail - [passitonafg@yahoo.com](mailto:passitonafg@yahoo.com)

Phone - 330-645-1165

Mail - Akron Al-Anon Information Service  
3614 Manchester Road, Suite 103  
Akron OH 44319