

**November 2018**

# **Pass It On**

## **The Akron Area Al-Anon Newsletter**

Al-Anon's 4<sup>th</sup> Concept of Service is:  
"Participation is the key to Harmony."

Get involved through service!  
We need office volunteers & service officers.  
Call the office at 330-645-1165

Office Location:  
3614 Manchester Rd. Suite 103  
Akron, OH 44319  
Website: [www.afg-akron.org](http://www.afg-akron.org)  
Call us at: 330-645-1165

Send meeting topics or anniversary flyers by the 15<sup>th</sup> of month to: [passitonafg@yahoo.com](mailto:passitonafg@yahoo.com)  
Your group donation of \$10 for the flyer can be sent to the office to assist with newsletter cost.

### Intergroup Service Officers

Chairperson  
Cathy C.  
Co-Chair - Editor  
Dan C.

Secretary  
Mariann H.

Treasurer  
Open Service Opportunity  
Co-Treasurer  
Open Service Opportunity

Literature  
Beth S.  
Co-Literature  
Felecia H.

PIC (Public Info Coord.)  
Ginny C.

MOW (Mtgs. On Wheels)  
Sharon M.  
Co-MOW  
Robyn R.

Alateen  
Wendy Y.  
Co-Alateen  
Steve R.

Office Coordinator  
Becky Z.

Archives  
Leah E.  
Co-Archives  
Carolyn T.

Webmaster ~ Richie T.  
(Webmasters available at  
[passitonafg@yahoo.com](mailto:passitonafg@yahoo.com))

### Inside

- October Meeting Minutes
- September Financials

~~~~~  
Mark your calendars!

Next

### Akron Intergroup Meeting

\*Tuesday 11/6/2018 @ 7:00 pm\*

Tuesday 12/4/2018  
Tuesday 1/8/2019  
Tuesday 2/5/2019  
Tuesday 3/5/2019

Open to all Al-Anon Members,  
ISRs, Group Reps, District Reps  
You are Encouraged to Attend!

### Volunteers needed for

Gratitude Night

November 17, 2018

*We would like groups to help  
set up, sell raffle tickets, food  
runners, and clean up.*

*See flyer inside.*

### IMPORTANT!!!!

To contact an officer, please call  
the office and leave a message.  
They will return your call ASAP

~~~~~  
We are looking for fund-raising  
suggestions such as  
workshops, bus trips (for  
example - Stepping Stones in  
New York), and any other ideas.  
Workshops can be held at the  
Intergroup office.

### ANNOUNCEMENTS

Please consider  
volunteering for the  
Treasurer and Co-  
Treasurer positions.  
We need you!!

District 25 and 41 need  
Alternate District Reps  
Please contact Mickie G. or  
Jo S. if you are interested.

### Announcements & Anniversaries

First Things First  
Saturday Morning ACOA  
27<sup>th</sup> Anniversary  
October 27, 2018

Wooster Gratitude AFG  
Anniversary  
Monday, November 5, 2018

Alateen Sponsor Workshop  
10 am to 3 pm  
2040 Henderson Rd.  
Columbus, Ohio  
Contact Sara: 216-712-9992

Gratitude Nite  
November 17, 2018  
Districts 25 & 51

Save the Date  
District 48 Holiday Dinner  
December 1, 2018

Stow New Hope  
45<sup>th</sup> Anniversary  
Monday, December 10, 2018

See Flyers Inside

INTERGROUP MEETING MINUTES OF 10/2/2018

Present- Carolyn T, Dan C, Becky Z, Laurie R, Sharon M, Cindy T, MaryBeth R, Mariann H, Wendy Y, Don V.

Chairperson- Not present

Co-Chair - Dan opened the meeting with the Serenity prayer and the Traditions were read. Newsletter report, 24 mailed and 28 e-mailed.

Secretary- the minutes were approved by motion and vote

Treasurer- See report. A plea letter for Intergroup will be in the Newsletter in November.

Literature- Beth not present, Becky gave report. The new Intimacy book is selling well, it's on back order.

PIC- Ginny not present. Discussed the post cards to be placed on bulletin boards that Ginny passed out are being taken by group members.

MOW- Sharon said they are scheduling speakers as needed for October, November and speakers are still needed for December. The meetings start at 7:00 they will call by 6:15 if the meeting is canceled.

Alateen- They are getting ready for a Fund Raiser at Gratitude Night. Cloth and other donations are welcomed. Also if u have a donation that can be sold that night you can bring them then. Many sponsors are still needed for our area. Dan gave Wendy a contact number for the Minerva area schools.

Office Coordinator- Becky said a Friday Volunteer is still needed for. See report.

OAA-The Fall assembly is Oct. 13 and 14, at the Double Tree Inn in Independence Oh. New GR's need to be there at 10:00 for orientation. The cost to vote is \$5. Bring a notebook. The meeting starts at 12:30. There is a dinner and speaker. Voting takes place Sunday morning. Contact Cindy or The Intergroup secretary for a copy of the agenda.

Districts- No report

Webmaster- Cathy or Mickie were to talk to him. Will bring it up at next meeting

Archives-No report

Steering Committee- no report

Founders day- Dan reported from the last meeting with AA, The usually scheduled Friday Night Lead is changed to Saturday, to be held at E.J. Thomas. Our speakers are Dane and Rhonda. Wendy asked about scheduling for Alateen panel and skit. Dan said he will check with Cathy. Dan said he has a flash drive with information that might be helpful for anyone speaking on the concepts.

Old Business- We discussed Intergroup Fund raiser. Suggestions were made. Mariann suggested a committee be formed to research and organize it. Dan talked about a trip to Stepping Stones with a raffle for the trip. We will discuss it at the next meeting. Wendy asked if any other Yellow Donation Jars have come in.

New Business- Speakers are needed for Gratitude Night and Founder.

The meeting was adjourned by a motion from Becky and second from Sharon.

The Next Intergroup Meeting is on Nov. 6, 2018 at 7:00 p.m.

Minutes submitted by Mariann H., Secretary

AKRON AREA AL-ANON INFORMATION SERVICES  
INCOME STATEMENT

AKRON AREA AL-ANON INFORMATION SERVICES  
BALANCE SHEET

DATE: Sep-18

PREPARED BY: Laurie R

9/31/2017

DATE: Sep-18

PREPARED BY: Laurie R

| AL-ANON INCOME        | MONTHLY    | YEAR TO DATE | AVERAGE/MO | YEAR TO DATE | YEAR TO DATE                           |
|-----------------------|------------|--------------|------------|--------------|--|
| Literature            | \$3,096.49 | \$19,298.03  | \$2,144.23 | \$15,289.21  | \$3,529.44                             |
| Group Donations       | \$215.86   | \$2,231.32   | \$247.92   | \$2,310.13   | Interest                               |
| Individual Donations  |            | \$1,329.20   | \$147.69   | \$1,702.01   | Interest                               |
| Newsletter Postage    | \$10.00    | \$0.00       | \$0.00     | \$0.00       |  |
| Filers                | \$20.00    | \$210.00     | \$23.33    | \$185.00     | Total Income & Deposits                |
| Miscellaneous         |            | \$165.00     | \$18.33    | \$190.00     |  |
| Ohio State Sales Tax  | \$187.09   | \$1,257.72   | \$108.61   | \$265.73     | Checking Disbursements                 |
| Total Income          | \$3,529.44 | \$25,468.72  | \$2,829.86 | \$20,897.82  | Alanon Savings Withdrawals             |
| AL-ANON EXPENSES      | MONTHLY    | YEAR TO DATE |            | YEAR TO DATE | Alateen Savings Withdrawals            |
| Rent                  | \$600.00   | \$5,400.00   | \$600.00   | \$5,400.00   |  |
| Gas                   | \$31.97    | \$411.63     | \$45.74    | \$400.18     | Total Expenses & Withdrawals           |
| Electric              | \$77.42    | \$639.56     | \$71.06    | \$571.82     | Current Balance                        |
| Phone & DSL           | \$107.23   | \$967.42     | \$107.49   | \$1,769.69   | Checking Account Balance               |
| Web Cost              | \$20.17    | \$140.05     | \$15.56    | \$0.00       | Prudent Reserve (CD)                   |
| Newsletter Postage    | \$0.00     | \$0.00       | \$0.00     | \$0.00       | Prudent Reserve (Savings Acct)         |
| Office Postage        | \$293.46   | \$193.19     | \$32.61    | \$123.89     | Alateen Savings                        |
| Office Supplies       |            | \$193.19     | \$21.47    | \$305.12     | Petty Cash                             |
| Literature            | \$2,097.70 | \$14,761.40  | \$1,640.16 | \$9,392.56   | Total Current Account Balances         |
| Copier                | \$31.25    | \$287.21     | \$31.91    | \$753.74     |  |
| Miscellaneous         |            | \$1,142.72   | \$126.97   | \$646.45     |  |
| Alateen               | \$0.00     | \$0.00       | \$0.00     | \$214.50     | Total Accounts Receivable              |
| Ohio State Sales Tax  |            | \$1,228.92   | \$136.55   | \$1,274.59   | Literature Inventory                   |
| Total Expenses        | \$2,965.74 | \$25,465.56  | \$2,829.51 | \$20,852.54  |  |
| Net Income - Expenses | \$563.70   | \$3.16       | \$0.35     | \$45.28      |  |
| NON-CASH EXPENSE      |            | YEAR TO DATE |            | YEAR TO DATE | Groups That Helped Keep The Doors Open |
| MOW                   |            | \$0.00       |            | \$0.00       | Al-Anon Donations                      |
| PIC                   |            | \$26.88      |            | \$38.29      | Mantua                                 |
| Total                 | \$0.00     | \$26.88      |            | \$11.25      | Hudson Friday                          |
| Al-Anon Savings       | MONTHLY    | YEAR TO DATE |            | YEAR TO DATE | Fairlawn                               |
| Deposits              |            | \$60.00      |            | \$0.00       | Simple Solutions                       |
| Withdrawals           |            | \$0.00       |            | \$0.00       | Norton                                 |
| Net Savings Dep.-WD   | \$         | \$60.00      |            | \$0.00       |  |

| ALATEEN INCOME         | MONTHLY | YEAR TO DATE | YEAR TO DATE |
|------------------------|---------|--------------|--------------|
| Group Donations        | \$50.00 | \$1,412.65   | \$225.00     |
| Individual Donations   |         | \$859.51     | \$366.24     |
| Miscellaneous          |         | \$0.00       | \$0.00       |
| Total Alateen Income   | \$50.00 | \$2,272.16   | \$591.24     |
| AL-TEEN EXPENSES       | MONTHLY | YEAR TO DATE | YEAR TO DATE |
| Literature             |         | \$0.00       | \$0.00       |
| Komiac                 |         | \$675.00     | \$400.00     |
| Miscellaneous          |         | \$300.00     | \$215.00     |
| Total Alateen Expenses | \$0.00  | \$975.00     | \$615.00     |
| Net Alateen Inc.-Exp.  | \$50.00 | \$1,297.16   | -\$23.76     |

| Balance Carried Forward   | 60 Days | 90 Days | 120 Plus |
|---------------------------|---------|---------|----------|
| \$10,476.23               |         |         |          |
| Delinquent Group Accounts |         |         |          |
| No Delinquent Accounts    |         |         |          |

Notes

## Al-Anon Meeting on Wheels Schedule

Chair – Sharon M.

Co-Chair - Robin

St. Thomas appreciated us covering meetings and they have received positive feedback from those individuals that were in attendance. Our task at these meetings is simple: To briefly explain what the Al-Anon program is, and what to expect at an Al-Anon meeting; then share your experience, strength and hope, and how Al-Anon has helped you in your recovery. Two or three people at each meeting work perfectly. I will contact each group the month before your assigned meetings to obtain names and contact information for speakers from your group. A complete list of Meeting on Wheels Suggested Guidelines (G-22 and G-1) are available on our website: <http://www.afg-akron.org/mow.aspx>.

Below is a list of the meetings for December 2018 and 2019 at St. Thomas. If your group is interested in volunteering for any of the months please contact the Al-Anon office at 330-645-1165 or at [passitonafg@yahoo.com](mailto:passitonafg@yahoo.com) to let them know. They will get a message to me.

Your group's gift of Al-Anon literature is greatly appreciated and welcomed at the monthly Meeting on Wheels. Thank you for your contribution to participate in Meetings on Wheels and your support.

### 2018 MEETING ON WHEELS SCHEDULE

#### November 2018 – Norton Friday – Irena

Wed 11/14 7-8 pm

Wed 11/28 7-8 pm

#### December 2018

Wed 12/12 7-8 pm

### 2019 MEETING ON WHEELS SCHEDULE

January - 9th and 23rd

July - 10th and 24th

February - 13th and 27th

August - 14th and 28th

March - 13th and 27th

September - 11th and 25th

April - 10th and 24th

October – 9<sup>th</sup> and 23rd

May - 8<sup>th</sup> and 22<sup>nd</sup>

November - 13th and 27th

June - 12th and 26th

December - 11th

#### St. Thomas Hospital

444 N. Main Street, Akron, OH 44310

Park in Olive Street parking lot and enter building through Olive Street entrance which is next to former emergency entrance. Turn left at bottom of steps and continue to Elevator C. Take elevator to third floor. Take door marked "Ignatia Hall Chemical Dependency iop" and go to end of hall. Enter the last door on left. Meeting room is small room off main lobby area. If the door is closed, please do not enter as the meeting is still in session.

*"I am thankful that today I can look back and say with gratitude that attending this program and giving service to Al-Anon gave me a and fulfilling way of life."*

Having Had a Spiritual Awakening page 128

**Thank you for your service!**

# FIRST THINGS FIRST

SATURDAY MORNING ADULT CHILDREN AFG

\*TALLMADGE UNITED METHODIST CHURCH\*

(SITE OF GRATITUDE NIGHT)

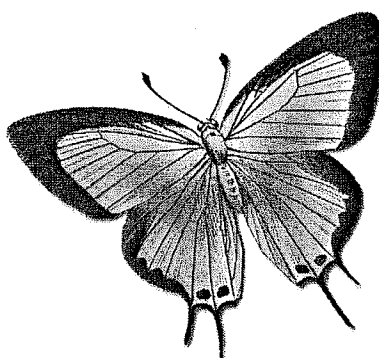
207 N. MUNROE ROAD

TALLMADGE, OH 44278

CORDIALLY INVITES YOU TO OUR

27<sup>TH</sup> ANNIVERSARY PARTY

OCTOBER 27<sup>TH</sup> AT 10:30AM



LEAD BY BILL L.

BURNING OF OUR GOD CAN NOTES IMMEDIATELY AFTER WEATHER  
PERMITTING

PASTRIES, FRUIT AND DRINKS WILL BE PROVIDED

*Please join us for the*

**2018 Anniversary Celebration of  
WOOSTER GRATITUDE AL-ANON**

**Monday, November 5<sup>th</sup>**

St James Episcopal Church

127 W. North Street, Wooster

*N-E corner of Market Street*

**Arrive at 7<sup>30</sup> pm**

Mr & Mrs L will lead at 8<sup>00</sup>

*Bring a snack or dessert to share—  
Plenty to eat, beverages provided.*





# GRATITUDE NITE

**November 17, 2018**

**Tallmadge United Methodist Church  
207 N. Monroe Falls Avenue  
Tallmadge, Ohio 44278**

FOOD – FUN – FELLOWSHIP

SPEAKERS

BASKET RAFFLE 50/50

## **Speakers :**

**AA            Aaron K – N. Canton**  
**ACOA        Amber M – Tallmadge Saturday Morning**  
**Al-Anon     Joyce C – Springfield Sunday Night**  
**Alateen     Jasmine Y – Hudson Saturday Morning**

**Doors Open at 5 Raffle Sales begin – and will continue til just before the raffle (except during dinner and while the speakers are speaking)**

**Dinner at 6 – Bring a dish to share – we will supply plates cups and forks this year!!**

**Speakers at 7 – 4 wonderful speakers will share their gratitude**

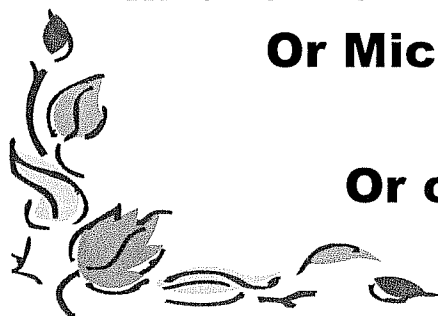
**Open Mike at 8 – your turn...Share your gratitude**

**Babysitting Provided while the speakers are speaking**

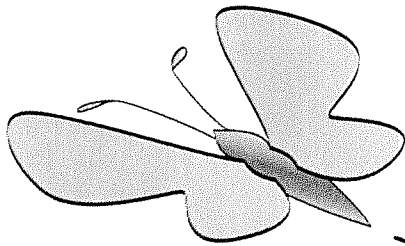
**Gratitude Nite is a Fundraiser for Districts 25 and 51**

**Info: e-mail Jo S – [District51afg@gmail.com](mailto:District51afg@gmail.com)**

**Or Mickie G - [Mickiekah@yahoo.com](mailto:Mickiekah@yahoo.com)**



**Or call the local Al-Anon office**



## HELP US IN CELEBRATING OUR GRATITUDE

### IT TAKES MANY HANDS TO COMPLETE A CIRCLE AND WE NEED YOURS

The following details need to be covered in order to make our Gratitude Night a wonderful experience

**\*SET UP: (4:30 pm)                      Group:                      Need 4-5 people**

- \*Help put table clothes, placemats and decorations on the tables.
- \*Set up the Raffle table with tickets, cash box and baskets to put the tickets in.
- \* Start coffee and hot water and set up the beverage table with tea, cups, bowls for ice
- \* Set up food table. Put out plates, cups, silverware, and napkins
- \*Set up ticket cups for the baskets on the stage.

**FOOD RUNNERS (5:00 PM)    Group:                      Need 4-5 people**

- \*Put food on table, (if you need utensils – the church has spoons that we can use –just be sure they are put away when done using them) and replenish food as it is depleted, and remove empty containers.
- \*Wash dishes as they are emptied and put on the counter for people to pick up at the end of the evening.
- \*Keep an eye on the coffee and hot water, and brew more as needed.

**RAFFLE TICKET TABLE: (5:00 pm)    Group:                      Need 2-3 people**

- \*Keep track of the tickets sold and money and make sure all tickets are in the right container.
- \*During dinner, be sure the money and tickets are secured –
- \* We will not sell tickets during the time the speakers are speaking – we will sell tickets again after the speakers

**CLEAN UP: (AFTER THE RAFFLES – AROUND 9 PM)                      Need 5-6 People**

**\*clean up could use two groups with 3-4 people from each group**

**Group:                      Group:**

- \*Clear food and beverage tables take dishes to the back to be washed
- \* Put washed dishes out on the counter for people to take back home
- \*Clear table clothes off tables and throw in trash cans
- \*Empty coffee pots, rinse and put back in boxes,
- \* Neatly replace unused plates, cups, silverware, coffee, condiments into bins to take back to intergroup office.
- \* Make sure the sinks and counters in the kitchen are all wiped down and things are put back into place.

**We will have a babysitter during the time the speakers are speaking. – from around 8:00 til around 9:00  
Please consider (if you can) giving the babysitter a few dollars.**

Please Send an Email to Mickie at [Mickiekah@yahoo.com](mailto:Mickiekah@yahoo.com) or call the office and leave a message with information including your group name and the names of those who will be helping. – THANKS



**Stow New Hope  
45th**

**Anniversary**

**Come celebrate with us!  
Monday - December 10,  
2018**

**Holy Family Church**

3179 Kent Rd.

**Stow, Ohio**

Lower level-Room 1

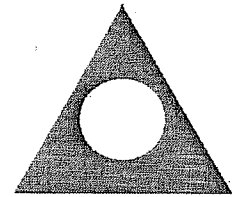
Door Open - 7:30

Speakers at 8:00

**Speakers To Be Announced  
You Will Be Inspired!**

**Refreshment Served  
Finger Foods and Cake**

**An Evening of Experience, Strength, and  
Hope**



## Do you really know...

It's been an observation lately, that sponsorship is rarely talked about even by our long timers. What's up with that?

First, let me clarify – I am talking about an AI-Anon **Personal** Sponsor. That would be by definition from the AI-Anon Alateen Service Manual – “Some one with whom a member can confidentially discuss personal problems or questions and someone who willingly shares the experience, strength and hope of the AI-Anon program”. The Service Manual goes on to say, “After a period of time, AI-Anon members will want to choose a personal Sponsor with whom they can identify. Members can encourage newcomers to find a Sponsor by sharing that Sponsors provide guidance; however, Sponsors do not direct or give advice. The new member may have discussed problems with the contact before coming to meetings. This contact may or may not be asked to continue as a Sponsor; however, neither a contact nor a newly-chosen Sponsor should be used as a substitute for a meeting. Additional information is published in the pamphlet *Sponsorship. What It's All About* (P31), and in the bookmark *Sponsorship – Working Together to Recover* (M-78), as well as on the AI-Anon/Alateen Members' Web site in the “Individuals” tab.

Women may relate to this scenario. Have you ever used the ladies room, and when you walk out you've accidentally gotten your skirt tucked into your panty hose and your butt is showing. It is amazing to me how many people will not tell you. Perhaps they are embarrassed for you. Perhaps they don't want to hurt your feelings by making you uncomfortable. So, they let you continue to walk around with your butt showing to the whole world! Wow what a nice friend!

Back in the day, there were a few things you did to get better. You got a sponsor. You did what your sponsor told you to do, and a sponsor could tell you if you had your skirt tucked into your panty hose.

What am I trying to say? Well, it seems that we've become so “Politically Correct” that we are no longer honest. That lack of honesty can be with a new person or a person who has been around for a while too. We've become “Lovingly Tolerant”. At least that's what some call it. I call it ENABLING! I am not helping anyone if I let them continue a behavior that is unacceptable and label it being “Lovingly Tolerant”. For God's Sake, be good friend and tell them to check their panty hose!

To be a good sponsor I need to be a good friend.

## ...and now you know.